Safety and Injury Prevention Resources

Recommended for you by physicians from the Ohio Chapter, American Academy of Pediatrics

Directions:
Your child's doctor circled some of the topics you talked about today. Use the websites or phone numbers to find resources that can help keep your family safe and healthy.

Find more resources here:
https://ohioaap.org/seekresources

TOPIC	OHIO RESOURCES	NATIONAL RESOURCES
Social Needs		
Job Resources	**Ohio Means Jobs** https://ohiomeansjobs.ohio.gov/ 1-888-296-7541 **Ohio Mental Health & Addiction Services (OhioMHAS)** Finding a Job 614-466-2596 https://mha.ohio.gov/get-help/finding-a-job	**US Department of Labor** **American Job Center Finder** https://www.dol.gov/general/topic/training/onestop 1-877-US2-JOBS (1-877-872-5627) TTY: 1-877-889-5267
Child Care Resources	**Ohio Department of Job & Family Services** https://jfs.ohio.gov/child-care/welcome 1-877-302-2347	**Child Care Aware of America** Child Care Resources https://www.childcareaware.org/state/ohio/
Housing & Utility Resources	**Coalition on Homelessness and Housing in Ohio** http://cohhio.org/resourceguide/ 614-280-1984 **Ohio Home Energy Assistance Program (HEAP)** https://puco.ohio.gov/utilities/gas/resources/home-energy-assistance-program 1-800-282-0880 **Ohio Public Utilities Commission:** 1-800-686-7826	**National Low Income Housing Coalition** State and Local Rental Assistance https://nlihc.org/rental-assistance
Food Insecurity	**Ohio AAP** https://ohioaap.org/resources-for-families > Food Insecurity **Ohio Department of Job & Family Services** https://jfs.ohio.gov/cash-food-and-refugee-assistance/food-assistance	**Hunger Free America** **USDA Food & Nutrition Assistance** https://www.ers.usda.gov/topics/food-nutrition-assistance 301-504-5414 **USDA National Hunger Hotline** 1-866-3-HUNGRY (1-866-348-6479) 1-877-8-HAMBRE (1-877-842-6273) – Spanish TEXT: 914-342-7744; Keyword: "food" https://www.hungerfreeamerica.org/en-us/usda-national-hunger-hotline
Family Needs		
Parenting Skills	**Ohio Children's Trust Fund** https://octf.ohio.gov/resources-for-parents **Ohio Department of Health – Help Me Grow** https://odh.ohio.gov/know-our-programs/help-me-grow 1-800-755-4769 **Triple P – Positive Parenting Program** https://www.triplep-parenting.com/oh-en/triple-p/	**AAP Parenting Website** https://www.healthychildren.org/ **CDC Child Development – Positive Parenting Tips:** 1-800-232-4636 https://www.cdc.gov/child-development/positive-parenting-tips/?CDC_AAref_Val= **Zero to Three** https://www.zerotothree.org/resources/for-families/
Maternal Depression **Parental Stress**	**Mental Health America of Ohio – Get Help** https://mhaohio.org/get-help/ 614-221-1441 **NetCare Access: Crisis Phone Line – 24/7** 614-276-CARE (2273) https://www.netcareaccess.org/services/crisis-services/ **Ohio CareLine – 24/7** https://mha.ohio.gov/get-help/get-help-now/ohio-careline 1-800-720-9616 **Ohio Children's Trust Fund** https://octf.ohio.gov/resources-for-parents **Fathers:** https://octf.ohio.gov/resources-for-parents/articles/fathers-postpartum-depression **Stress:** https://octf.ohio.gov/resources-for-parents/articles/relieving-parental-stress	**988 Suicide & Crisis Lifeline – 24/7** https://988lifeline.org/ **Call 9-8-8** **March of Dimes - Postpartum Mental Health** https://www.marchofdimes.org/find-support/topics/postpartum/taking-charge-your-postpartum-mental-health **National Maternal Mental Health Hotline – 24/7** 1-833-TLC-MAMA (1-833-852-6262) – English & Spanish https://mchb.hrsa.gov/programs-impact/national-maternal-mental-health-hotline **Postpartum Support International (PSI)** https://www.postpartum.net/ **PSI HelpLine & TEXT:** 1-800-944-4773 – English & Spanish **Parents Anonymous –** https://parentsanonymous.org/ **National Parent & Youth Helpline:** 1-855-427-2736 https://nationalparentyouthhelpline.org/

This tool is the property of the Ohio Chapter, American Academy of Pediatrics, and is for implementation as part of the Ohio AAP's Injury+SEEK Learning Collaborative only.
The SEEK Parent Questionnaire is © 2020, University of Maryland School of Medicine. Questions? Contact bpowell@ohioaap.org

TOPIC	OHIO RESOURCES	NATIONAL RESOURCES
Family Needs		
Domestic Violence	**Linking Systems of Care for Ohio's Youth (LSCOY)** ohioheals.org **Ohio Domestic Violence Network (ODVN)** https://www.odvn.org/ **CHAT:** https://www.resourceconnect.com/odvn/chat 1-800-934-9840 **The Center for Family Safety and Healing** https://familysafetyandhealing.org/ 614-722-8200	**National Domestic Violence Hotline – 24/7** https://www.thehotline.org/ 1-800-799-SAFE (1-800-799-7233) **Where's The Line? – M-F 10am to 6pm** https://wherestheline.info/resources/#NH 1-844-234-LINE (1-844-234-5463)
Alcohol and Substance Abuse	**Ohio CareLine – 24/7** https://mha.ohio.gov/get-help/get-help-now/ohio-careline **Ohio Mental Health and Addiction Services** https://mha.ohio.gov/get-help **Project DAWN (Deaths Avoided with Naloxone)** https://odh.ohio.gov/know-our-programs/project-dawn/project-dawn	**American Addiction Centers:** 1-866-891-0395 https://americanaddictioncenters.org/ **Just Think Twice** https://www.justthinktwice.gov/get-help 1-855-378-4373 **TEXT** 55753 **National Institute on Drug Abuse** https://nida.nih.gov/research-topics/parents-educators **SAMHSA's National Helpline – 24/7** https://www.samhsa.gov/find-help/national-helpline https://findtreatment.gov/ 1-800-662-HELP (1-800-662-4357)
Car Seat Safety		
Car Seat Safety	**Ohio Buckles Buckeyes (OBB) Program** https://odh.ohio.gov/know-our-programs/child-injury-prevention/media/regional-coord 1-800-755-4769 **Ohio Dept of Health – Child Passenger Safety** https://odh.ohio.gov/know-our-programs/child-injury-Prevention/child-passenger-safety 614-466-3543	**NHTSA Car Seats & Booster Seats:** 1-888-327-4236 https://www.nhtsa.gov/equipment/car-seats-and-booster-seats#find-&-compare-seats **NHTSA Car Seat Inspection:** 1-888-327-4236 https://www.nhtsa.gov/equipment/car-seats-and-booster-seats#installation-help-inspection
Safe Sleep		
Safe Sleep	**Ohio Department of Health – Infant Safe Sleep** https://odh.ohio.gov/know-our-programs/maternal-infant-wellness/safe-sleep **Ohio AAP** https://ohioaap.org/resources-for-families > Safe Sleep	**Cribs for Kids** https://cribsforkids.org/ 1-888-721-CRIB (1-888-721-2742)
Home Safety		
Smoking	**ODH Tobacco Use Prevention & Cessation** https://odh.ohio.gov/know-our-programs/tobacco-use-prevention-and-cessation **Quitline**: 1-800-QUIT-NOW (1-800-784-8669)	**Smoke Free** https://smokefree.gov/
Poison Control	**Central Ohio Poison Center** **1-800-222-1222**	**American Association of Poison Control Centers** https://www.poisonhelp.org/
Smoke & CO Alarms	**American Red Cross – Central & Southern Ohio** https://www.redcross.org/local/ohio/central-and-southern-ohio.html **American Red Cross – Northern Ohio** https://www.redcross.org/local/ohio/northern-ohio/about-us/locations.html 1-800-RED-CROSS (1-800-733-2767)	**AAP Carbon Monoxide Poisoning** https://www.healthychildren.org/English/safety-prevention/all-around/Pages/How-to-Prevent-Carbon-Monoxide-Poisoning.aspx 630-626-6000 **US Fire Administration** https://www.usfa.fema.gov/prevention/fief/index.html
CPR & First Aid	**Central Ohio CPR:** 614-562-7297	**American Red Cross:** 1-800-RED-CROSS (1-800-733-2767)
Choking & Home Safety Tips	**Safe Kids Central Ohio** https://www.safekids.org/coalition/safe-kids-central-ohio 614-645-6138 **Cleveland Clinic – Choking Prevention** https://health.clevelandclinic.org/choking-first-aid-prevention	**National Safety Council** https://www.nsc.org/community-safety/safety-topics/child-safety/child-safety-home **Safe Kids Worldwide** https://www.safekids.org/safetytips
Water Safety	**Nationwide Children's Hospital** **Water Safety-Prevention** https://www.nationwidechildrens.org/conditions/health-library/water-safetyprevention	**American Academy of Pediatrics (AAP)** https://www.healthychildren.org/English/safety-prevention/at-play/Pages/5-Water-Safety-Tips-for-Kids-of-all-Ages.aspx **American Red Cross – Swim Classes & Lessons** https://www.redcross.org/take-a-class/swimming **Safe Kids Worldwide** https://www.safekids.org/poolsafety **Pool Safely** https://www.poolsafely.gov/
Firearm & Marijuana Safety	**Ohio AAP** https://ohioaap.org/storeitsafe **Prevention Action Alliance** https://preventionactionalliance.org/resources/marijuana-fact-sheets/	**Project Child Safe** https://projectchildsafe.org/resource-library/

This tool is the property of the Ohio Chapter, American Academy of Pediatrics, and is for implementation as part of the Ohio AAP's Injury+SEEK Learning Collaborative only.
The SEEK Parent Questionnaire is © 2020, University of Maryland School of Medicine. Questions? Contact bpowell@ohioaap.org