



PARTICIPANT INFORMATION PACKET

PHASE 2: JUNE 2024 THROUGH MAY 2025



Department of Medicaid

Department of
Children & Youth



Ohio Chapter

INCORPORATED IN OHIO

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



CARE2 QUALITY IMPROVEMENT LEARNING COLLABORATIVE

Thank you for your interest in the Care2 Learning Collaborative! For specific information about the project requirements, please review this recruitment packet, which includes a checklist to help you understand the requirements and a link to enroll your practice in the learning collaborative. Should you have any questions, please do not hesitate to contact Hayley Southworth, Care2 Program Manager.

We look forward to partnering with you to help create healthier moms and families in Ohio!!

Hayley Southworth, MS

Program Manager

Ohio Chapter, AAP

hsouthworth@ohioaap.org

(740) 649-2486 (call or text)

Care2 Project Goal and Outcomes

Global Aim: Promote interconception care by identifying maternal risk through assessments at well-child visits and providing treatment and/or referrals to help moms improve interconception health.

Target Population: Mothers aged 18+ attending 0-5 year well-child visits and receiving care at participating sites.

Interventions: Screening for risk factors of maternal depression, tobacco use and vaping, safe sleep environments, and birth spacing/family planning; addressing identified risks with families through provision of resources and treatment to promote positive behaviors

Quality Improvement Outcomes:

By May 31, 2025:

- Screen 80% of women for risk factors
- Increase percent of women who screened positive and received treatment (goal to be determined)

Care2 Enrollment and Benefits

- No chart review! Utilize EHR data to produce site-specific and aggregate QI data accessed on a digital dashboard
- A **\$3,000 stipend** to support data collection
- Complimentary materials to improve discussion of maternal health in your practice
- Support from a dedicated Quality Improvement Practice Coach
- Participation in a 12-month state-wide learning collaborative where you can share challenges and success with peers across Ohio
- Provider MOC Part IV credit upon completion of QI activities
- Visit: <https://ohioaap.org/qi-programs-moc-iv/care2-two-generational-health>



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Important Dates for Care2 Learning Collaborative

- **Practice Information Request (Pre-Registration): January 10, 2024 - April 1, 2024**
 - One survey should be completed per practice as the first step of registration at this link:
 - <https://ohioaap.org/qi-programs-moc-iv/care2-two-generational-health>
- **Practice Pre-Work Meeting: January 17, 2024 - April 15, 2024**
 - The Care2 Learning Collaborative requires an initial meeting with your project team, during which you will review participation requirements, activities and discussion questions
 - This will be scheduled following receipt of your Information Request, and is required before moving forward with enrollment
- **Practice Enrollment Survey: January 17, 2024 - April 15, 2024**
 - The practice survey enrollment should be completed following the Pre-Work Meeting:
 - <https://www.surveymonkey.com/r/Care2Enrollment2024>
- **Data Use Agreement (DUA) Execution: April 1, 2024**
 - Each participating team will complete a Data Use Agreement as part of the onboarding process
 - Details on DUA completion will be provided by the GRC team upon enrollment
- **Practice Technical Assistance Data Meeting: February 1, 2024 - April 1, 2024**
 - The Care2 Learning Collaborative requires an initial meeting with your project team and IT or data representatives, during which you will review data collection queries and requirements
 - This meeting will be scheduled upon receipt of your Enrollment form and DUA details
- **Learning Session: May 2024 (Date and Time TBD)**
 - The Care2 Learning Session will be held via a 1 hour webinar during May 2024
 - As many members of the project team should attend as possible, particularly the lead physician and administrative team member
- **Data Collection:** Data will be collected at practices from June 2024 to May 2025
- **Action Period Webinars: June 2024 – May 2025**
 - Monthly Action Period Webinars will be held; exact date and time TBD
- **Practice Coaching Meetings:** Participants will engage in coaching meetings with the project team regularly, at least four times during the project
- **Plan, Do, Study, Act (PDSA) Cycle Worksheet Submission: June 2024 – January 2025**
 - Teams will submit 4 PDSA cycle worksheets showing their tests of change during the project
 - PDSA worksheets will be due in the months of June, August, September, and January
- **Final Project Activities:** A final survey and exit interview meeting will be required in April/May 2025
- **Part IV MOC Attestation: June 2025**
 - Participants seeking Part IV MOC credit will be assisted in completing attestation of Meaningful Participation
 - Credit will be available through the American Board of Family Medicine and American Board of Pediatrics



Project Overview

Care2 is a quality improvement project (QIP) designed to improve maternal and infant health during the interconception period. Care2 is based on the national network model: Interventions to Minimize Preterm and Low Birth Weight through Continuous Improvement Techniques (IMPLICIT), developed in 2003 by the Family Education Consortium Collaborative and the March of Dimes, and now utilized in nine states. Care2 builds on the quality improvement science established by the IMPLICIT Network, and is modified to meet the priorities and treatment needs of Ohio families.

Care 2 is sponsored by the Ohio Department of Medicaid (ODM), the Ohio Department of Health (ODH) and administered by the Ohio Colleges of Medicine Government Resource Center (GRC), in partnership with Ohio Chapter- American Academy of Pediatrics (OhioAAP).

The Ohio Infant Mortality Annual Report reveals Ohio's infant mortality rate is significantly higher than the national average. In 2020, the infant mortality rate in Ohio was 13.6 deaths/1,000 live births for Black infants and 6.7 deaths/1,000 live births for all races, in comparison to the same year infant mortality rate in the United States of 5.4 deaths/1,000 live births for all races. Data as far back as 2009 show no significant change in the infant mortality rate for Black infants in Ohio.

Risk factors among 2020 infant deaths in Ohio revealed one-third of infants born less than 24 weeks gestation were conceived less than 18 months after a prior birth; 20% of mothers smoked during their first trimester of pregnancy; and 38% of infants who died and were born before 24 weeks gestation were born to mothers who did not have first trimester prenatal care. Among women with Medicaid, 28% and 38% reported prepregnancy depression and anxiety, respectively. The effect of these high-risk health behaviors on future pregnancies, and limited access to care urges the need to provide medical care for women of childbearing age during the interconception period.

Action

By the time a woman begins prenatal care, it is often too late to modify many of the high-risk health behaviors associated with poor birth outcomes. Studies have shown mothers regularly attend their child's health care visits and are highly receptive to health advice at well-child visits. By focusing on interconception health through screenings and interventions for birth mothers during well child visits 0-5 years, this QIP aims to address health behaviors and access to care that affect maternal and infant health in Ohio. The change package equips Family Medicine and Internal Medicine-Pediatrics providers with the resources to promote interconception care and streamline processes to help mothers improve interconception health.



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