

WHEN IT COMES TO MEDICAL CARE... THERE IS NO PLACE LIKE HOME



WHAT IS A MEDICAL HOME?

An approach to providing primary care that is patient-centered, comprehensive, accessible, and focused on quality and safety. The medical home supports partnerships between patients, healthcare providers, medical staff, and families. It includes specialty care, educational services, family supports, and more.

When you have questions about your child's health, **call your primary care provider FIRST!** Your pediatrician is a one-stop shop for your child's care.

Reasons to Seek Care at your Medical Home	
• Allergies	• Headache
• Animal bites (minor)	• Developmental concerns
• Anxiety, depression and school problems	• Head injury (minor & without loss of consciousness)
• Asthma attack (minor)	• Insect bite
• Burn (minor)	• Nausea/vomiting
• Colds	• Pink eye
• Constipation	• Rash
• Cough	• Reproductive health
• Cut (minor)	• Sore throat
• Dehydration	• Sprain, strain, or minor injury
• Diarrhea	• Stitches or staple removal
• Dizziness	• Stomach pain (mild)
• Earache	• Urinary infection
• Fainting	• Vaccinations
• Feeding concerns	• Well visits/sports physicals
• Fever (child over 2 months old)	

ALWAYS
call your
pediatrician
first before
seeking care
elsewhere.

Potential Reasons for Seeking Emergency Care
• Allergic Reaction (severe)/Anaphylaxis
• Asthma attack (severe)
• Bleeding that won't stop
• Breathing trouble (severe)
• Bruising (child under 6 months old)
• Burn (severe)
• Cut (severe)
• Fever (children under 2 months old)
• Head injury (severe)
• Major injuries or trauma
• Poisoning
• Seizure
• Stomach pain (severe)
• Suicide attempt
• Swallowed object

MEDICAL HOME BENEFITS:

- Better physical and mental health care because of the trusted relationship with your pediatrician.
- Often a cheaper and faster way to get help from someone who knows your child.
- Your child's doctor/primary care provider will direct you on what to do next. They know your child BEST!
- The urgent care or emergency department does not always provide faster service – you often must wait hours to be seen and during that time you're in a room with other children who have various illnesses.
- What may seem like a concern that needs to be seen right away can often be resolved in a phone call or an office visit in the next couple of days.
- Many pediatricians offer convenient options such as same-day visits, online scheduling, telehealth, and walk-ins to make it easy and convenient for parents.

MEDICAL HOME VS. EMERGENCY ROOM

\$0-\$30	Typical Co-pay	\$100 or more
\$0-\$175	Typical Cost	\$1,400
15-30 minutes	Typical Wait Time	3 hours or more

Source: Central Ohio Primary Care

CONNECTING WITH YOUR MEDICAL HOME VIRTUALLY

TELEHEALTH

Since COVID-19, many healthcare providers have started using technology to provide care. Telehealth, or video visits, are quick, easy and can be great for many situations. But there are some situations where an in-person office visit is preferred and is the only way for your child to get proper healthcare! Your child's pediatrician will help decide what type of visit is appropriate.

When Should you Use Telehealth?

- For follow-ups or when a physical exam is not required
- For follow-up for anxiety, ADHD, and depression
- When transportation services are not available to get to the office
- For physical complaints that are non-emergency if your pediatrician feels it's appropriate

LEARN MORE AND CONNECT WITH US!

