When you have questions about your child’s health, call your primary care provider FIRST! Your pediatrician is a one-stop shop for your child's care.

**Reasons to Seek Care at your Medical Home**

- Allergies
- Animal bites (minor)
- Anxiety, depression and school problems
- Asthma attack (minor)
- Burn (minor)
- Colds
- Constipation
- Cough
- Cut (minor)
- Dehydration
- Dizziness
- Earache
- Fainting
- Feeding concerns
- Fever (child over 2 months old)
- Headache
- Developmental concerns
- Head injury (minor & without loss of consciousness)
- Insect bite
- Nausea/vomiting
- Pink eye
- Rash
- Reproductive health
- Sore throat
- Sprain, strain, or minor injury
- Stitches or staple removal
- Stomach pain (mild)
- Urinary infection
- Vaccinations
- Well visits/sports physicals

**Potential Reasons for Seeking Emergency Care**

- Allergic Reaction (severe)/Anaphylaxis
- Asthma attack (severe)
- Bleeding that won’t stop
- Breathing trouble (severe)
- Bruising (child under 6 months old)
- Burn (severe)
- Cut (severe)
- Fever (children under 2 months old)
- Head injury (severe)
- Major injuries or trauma
- Poisoning
- Seizure
- Stomach pain (severe)
- Suicide attempt
- Swallowed object

**ALWAYS call your pediatrician first before seeking care elsewhere.**

**MEDICAL HOME BENEFITS:**

- Better physical and mental health care because of the trusted relationship with your pediatrician.
- Often a cheaper and faster way to get help from someone who knows your child.
- Your child’s doctor/primary care provider will direct you on what to do next. They know your child BEST!
- The urgent care or emergency department does not always provide faster service — you often must wait hours to be seen and during that time you’re in a room with other children who have various illnesses.
- What may seem like a concern that needs to be seen right away can often be resolved in a phone call or an office visit in the next couple of days.
- Many pediatricians offer convenient options such as same-day visits, online scheduling, telehealth, and walk-ins to make it easy and convenient for parents.

**MEDICAL HOME VS. EMERGENCY ROOM**

<table>
<thead>
<tr>
<th></th>
<th>MEDICAL HOME</th>
<th>EMERGENCY ROOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Typical Co-pay</td>
<td>$0-$30</td>
<td>$100 or more</td>
</tr>
<tr>
<td>Typical Cost</td>
<td>$0-$175</td>
<td>$1,400</td>
</tr>
<tr>
<td>Typical Wait Time</td>
<td>15-30 minutes</td>
<td>3 hours or more</td>
</tr>
</tbody>
</table>

*Source: Central Ohio Primary Care*