OHIO AAP 2022 ANNUAL MEETING

Reconnecting, Educating & Advocating

FREE* FOR OHIO AAP MEMBERS & STAFF

October 28-29, 2022

Hilton Columbus/Polaris

Key Topics:
- Combatting Vaccine Hesitancy Through Advocacy
- Racial Disparities in Healthcare
- LGBTQ+ Fact vs. Fiction
- Formula Shortage
- State Advocacy Updates
- Sports Medicine
- Pediatric Dermatology
- Oppositional Defiant Disorder (ODD) and Trauma
- and more!

FALL 2022

A QUARTERLY NEWSMAGAZINE OF THE OHIO CHAPTER, AMERICAN ACADEMY OF PEDIATRICS

FOUNDATION LUNCHEON TO SUPPORT VACCINE ADVOCACY

MEET YOUR NEWLY-ELECTED LEADERS

ANNUAL MEETING BROCHURE

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9-15
Ohio Pediatrics: A publication of the Ohio Chapter, American Academy of Pediatrics

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President’s Message

Christopher Peltier, MD, FAAP
President, Ohio Chapter, American Academy of Pediatrics

Dear Ohio AAP Members:

“I think that is what it’s all about. Embracing change.” - T. Lasso

It is a tremendous honor to be able to serve as your Chapter President for the next two years. I wanted to take a few minutes to introduce myself. After completing medical school at the University of Cincinnati and my Pediatric Residency and Chief Residency at Riley Hospital for Children in Indianapolis, I returned to Cincinnati and joined Pediatric Associates of Mt. Carmel, an independent general practice in Cincinnati. Since starting practice in 1999, I have been an active member of the Chapter, involved both as a participant and a Medical Director in several of the Chapter QI and educational programs. For the past six years, I have served on the Board of Directors and have served as co-chair of the Practice, Operations and Child Health Pillars. I am also an Associate Professor of Pediatrics at Cincinnati Children’s Hospital Medical Center. My academic interests include community-based teaching of students and residents and teaching clinical preceptors how to become better educators. When I am not working, I enjoy rooting on our Cincinnati Bearcats and spending time with my wife and two children.

“I believe in hope. I believe in belief.” - T. Lasso

I BELIEVE the Ohio Chapter is one of the strongest in the country, a testament to our incredible members, passionate Board, and hardworking staff. We recently completed our annual Executive Committee Retreat, where we focused on priorities for the Chapter in the upcoming year. During this day-long retreat, we heard updates from all our Pillars. The Practice of Pediatrics Pillar continues to explore ways to increase membership and diversity in the Chapter. The Pillar is also looking to provide new, innovative services and resources to Ohio pediatricians that add value to their membership and improve the practice of pediatrics. In addition to ongoing program evaluation and recruitment, the Operations Pillar is looking to increase diversity and community engagement by developing Advisory Committees that will help develop outcomes and best practices for each program. These Advisory Committees will be comprised of physicians, parents, patients, and community partners. We are still recruiting for the Atopic Dermatitis and the Healthy Mom Healthy Family QI programs. The Foundation Pillar looks to continue to support the Store It Safe Program and the Put a Lid On It Bicycle Safety Program, which this year distributed over 7,500 bike helmets to Ohio’s youth. The Pillar is also assessing the value of Chapter programs to the public, as well as marketing strategies to reach a broader audience in which to support the Foundation.

“Doing the right thing is never the wrong thing.” - T. Lasso

The Advocacy Pillar discussed the many advocacy challenges that will be affecting the health of children in Ohio over the next several months, including a State Constitutional “medical freedom” amendment that would ban ALL vaccine mandates, including for schools. If successful, Ohio would be the first state in the nation to pass such a dangerous law. Other issues the Chapter will be focusing on include bills targeting gender affirming care, the prohibition of transgender females participating in women’s sports, and bills taking aim at the teaching of critical race theory and education or discussion of sexual orientation or gender identity with children in elementary school. Keep an eye out for Peds on Call emails alerting you how to take action to defeat these bills.

“You say impossible, all I hear is possible.” - T. Lasso

Finally, the Child Health Pillar is hard at work finalizing details for our 2022 Annual Meeting, which, after being virtual for the past two years, will be held IN PERSON at the Polaris Hilton on October 28-29. Returning to an in-person format will allow members to reconnect, network and meet with old and new colleagues. As an exclusive Ohio AAP membership benefit, we have worked hard to provide FREE registration for you and your staff. The meeting will kick off with a luncheon fundraiser hosted by the Ohio AAP Foundation that supports our immunization coalition, Ohio Champions for Vaccines (OC4V). A multi-disciplinary team of experts, pediatricians, media members, and parents will discuss techniques to combat the new wave of anti-vaccine sentiment couched as medical freedom. The luncheon will feature a special virtual appearance by Paul Offit, MD, FAAP – all paid luncheon attendees will receive a copy of his new book, You Bet Your Life. Other topics during the meeting include racial disparities in healthcare and improving black maternal health outcomes, LGBTQ+ legislative issues, sports medicine, pediatric dermatology, the future of the medical home, the aggressive child, and pediatric GI issues. You can register now at: https://ohioaap.org/annualmeeting22.

“Smells like potential.” - T. Lasso

As I said in my open, it is truly an honor to lead this incredible organization. In addition to all the previously discussed Pillar goals, over the next two years I hope to strengthen the partnership between the Chapter and the children’s hospitals throughout the state. Ohio has arguably the strongest network of children’s hospitals in the nation. I will be reaching out to all the Pediatric Department Chairs of the six children’s hospital in the state looking to increase the partnership and synergy between the Chapter’s QI Programs, education programs and advocacy efforts with those taking place within each hospital. By working together, all of us - community pediatricians and hospital employed physicians - can ensure that Ohio’s children are the healthiest in the nation. Just like Ted Lasso, the fictional soccer coach on the Apple TV show, I want us to BELIEVE that we can help Ohio’s children achieve their fullest potential and make it impossible not to. I hope you will join me!

Please reach out to me via email (chris.peltier@chmc.org) or on Twitter (@cpeltier007) with questions or suggestions for the Chapter. I look forward to hearing from you and hope to see all of you in October at Annual Meeting!

Best regards,

Christopher Peltier, MD, FAAP
State Senator Matt Dolan Introduces Firearm Safety and Mental Health Legislation

Following the tragic shooting in Dayton’s Oregon District in 2019, Ohio Governor Mike DeWine (R) unveiled a legislative package dubbed StrongOhio which sought to enact common sense gun controls and improve mental health services for individuals in crisis. At the time, the bill was introduced by State Senator Matt Dolan (R-Chagrin Falls) and failed to receive serious consideration in the Ohio General Assembly. Roughly three years later, Senator Dolan has reintroduced a revamped version of the bill (Senate Bill 357). Like the previous version of StrongOhio, SB 357 is unlikely to advance despite having a Republican sponsor; this is largely due to the influence of pro-second amendment advocates and few session days remaining in the 134th General Assembly.

SB 357 would not prohibit the sale of firearms to individuals under age 21, but it would require a co-signer who could face civil liability if the purchaser used the firearm in the commission of a felony. The bill also includes language establishing a safety protection order (often called a ‘red flag law’) that would allow firearms to be temporarily seized by court order if an individual threatens violence. Other provisions of SB 357 include a permissive background check process for private sellers to use and new requirements for information to be reported to state and federal background check systems. SB 357 also appropriates $175 million in ARPA funds to expand behavioral health workforce and crisis facilities across the state.

Gun control is expected to remain a contentious issue at the Statehouse and on the campaign trail this November. Governor DeWine is facing a challenge from former Dayton Mayor Nan Whaley (D), who participated in press events with DeWine promoting StrongOhio in 2019. Earlier this year, the Ohio General Assembly passed legislation to allow concealed carry of firearms without a permit as well as legislation to allow school districts to grant teachers and school staff with the ability to carry firearms in a school building. We expect additional gun control measures to be introduced in the 135th General Assembly next year.

Ohio Medicaid Readies Launch of Single PBM and Central Credentialing

The Ohio Department of Medicaid (ODM) is continuing the rollout of its Next Generation Managed Care Program with two new components coming online on October 1st. ODM launched OhioRISE, a pediatric statewide behavioral health network managed by Aetna Better Health, on July 1st. Additionally, ODM has made several different tools available to consumers to assist with plan selection during open enrollment; Medicaid enrollees can select one of seven new plans before the December 1st launch date for new managed care plans. Prior to that, in less than a month, ODM will bring two key components online.

SB 357 is the first is a new, statewide Pharmacy Benefit Manager (PBM) that will provide uniform services to each Medicaid Managed Care plan. Gainwell Technologies will serve in this important role. The single PBM launch will result in standardized prior authorization processing across all managed care plans. Additionally, ODM will be rolling out a centralized credentialing system for providers that will replace the current requirement that providers receive credentials with each managed care plan. One of Ohio AAP’s priorities for the launch of this new program is reducing the administrative burden on pediatricians. The final components of the new managed care program, including the new plans and fiscal intermediary, will go live on December 1st.

Ohio Legislature Could See More Physicians Elected for 135th General Assembly

Given the constant focus on child health and safety legislation in the Ohio General Assembly, it is often encouraging to see healthcare providers running for the Ohio House of Representatives or Ohio Senate. Currently, there are three physicians serving in the legislature: State Representative Beth Lipston (D-Dublin), a pediatrician in the Columbus area, State Senator Steve Huffman (R-Tipp City), an ER physician in the Dayton area, and State Senator Terry Johnson (R-McDermott), a family physician in Appalachia Ohio. These members have been strong allies

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Foundation Focus

2022 Foundation Luncheon to Support Vaccine Advocacy

Judy Romano, MD, FAAP, Ohio AAP Foundation Co-Chair

Ohio lawmakers call Medical Freedom Act strong legislation

This week, the Ohio House of Representatives passed a Medical Freedom Act lawmakers call the strongest of its kind. It states the bill will help protect Ohioans from "draconian vaccine mandates." Representative Don Jones said there are two main amendments lawmakers in favor of the bill were glad to see pass. "School children cannot be ...

Many Ohio schools are not enforcing vaccinations for mumps, measles, polio and other diseases

How many students at your kid’s school are missing required vaccines?

Ohio GOP lawmakers want to protect those refusing COVID-19 shot from discrimination

Saretta Jones is the founder of the health nonprofit, often comes to talk at luncheons like this. She says she would love to see the first lady of public policy come out. She says, "That's fine. The law is there."

Ohio's immunization rates are NOT where they need to be for all Ohioans to be protected from potentially dangerous vaccine-preventable diseases. The mis- and disinformation has scared Ohioans.

Let’s Set the Record Straight

On October 28, 2022, at the Polaris Hilton, a panel of medical and lived experience experts, including parents, will share how we can get our children back on track with vaccines and change the narrative of the vaccine hesitant, misinformation movement. The luncheon will feature a special virtual appearance by Paul Offit, MD, FAAP – all paid luncheon attendees will also receive a copy of his new book, You Bet Your Life.

Let’s Set the Record Straight

From Fear to Medical Freedom: Overcoming the Vaccine Hesitancy Movement and Medical Misinformation to Increase Rates Through Pediatricians, Legislators, Media, and the Community. Ohio’s immunization rates are NOT where they need to be for all Ohioans to be protected from potentially dangerous vaccine-preventable diseases. The mis- and disinformation has scared Ohioans.

Ohio AAP Response

The global pandemic and focus on Covid-19 vaccines over the past few years have likely generated the highest volume of conversations concerning vaccines ever. The Ohio AAP knows the importance of spreading accurate information about vaccines and wants to be a part of the conversation. We hope you will join us at this year’s Annual Meeting Foundation Fundraiser, From Fear to Medical Freedom: Overcoming the Vaccine Hesitancy Movement and Medical Misinformation to Increase Rates Through Pediatricians, Legislators, Media, and the Community. Ohio’s immunization rates are NOT where they need to be for all Ohioans to be protected from potentially dangerous vaccine-preventable diseases. The mis- and disinformation has scared Ohioans.

What You Can Do

Your support will help us change the course of action for Ohio’s children, so we hope to see you there! To learn more about this year’s Foundation fundraiser and how to register to attend, buy raffle tickets, or sponsor a table, please visit page 11. The Foundation Board remains committed to supporting the Chapter, which is a means to improving the lives of Ohio’s children. Thank you to all those who have already supported the Foundation - the Board and I hope to see you all in October!
It is hard to believe we are on the cusp of another fall, and I hope you all had time to enjoy some sunshine, vacation, family, and friends this summer. I want to thank each of you for the work that you do taking care of and advocating for children; they need us now more than ever.

While Covid and the pandemic surges have calmed, we all are holding our breath as school starts and parents and teachers are wondering what this school year will bring. For those of you in primary care settings, back-to-school vaccinations have been a routine and mostly uneventful part of the care we give. Now, it feels like a minefield. The leadership at our Annual Conference heard the painful testimonials of our colleagues who have been threatened, and yet they still show up for kids. How do we find comfort when our profession feels like we are under siege? Dr. Kemia Sarraf spoke about the trauma response that is familiar to us – fight, flight and freeze – and that we too experience it. It exhausts our souls, and yet, she offered hope and “the plasticity of well-being.” Our psychological safety is anchored by inclusion and belonging and the belief that what we are doing makes a difference. This is what it means to be a pediatrician. What you do every day makes a difference. In small and large ways our voices make an impact, whether it is in the healing of sickness or the power of policy and advocacy, we matter to kids.

Dr. Sarraf’s words resonated with the audience, and supporting pediatricians who are experiencing stress, threats of violence and/or public attacks is a priority. Expedited assistance was chosen as the number one resolution by attendees at the 2022 AAP Leadership Conference. AAP leaders are listening and while we have very much been focused on the mental health crisis our children and teens are experiencing, we see and hear you too. The AAP Board will meet this fall and we will be looking at ways the AAP can support and care for our members, while we continue to advocate for children and teens on many fronts. On September 17th, Physician Suicide Awareness Day will be recognized – too many of us have been lost. For support, please reach out to the Physician Support Line 1-888-409-0141, a free and confidential help line staffed by volunteer psychiatrists who offer peer support for physician colleagues. You can also visit the AAP Physician Health and Wellness link for tools, strategies, and resources to promote your own and your colleague’s well-being. https://www.aap.org/en/career-resources/physician-health-and-wellness/

Dr. Heather Forkey offers a fourth trauma response: Affiliate. To affiliate is to bring or receive into close connection, to associate. To associate is to be together as partners, friends, or companions. The AAP is your home for connection and gathering – a place to find friends and companions, to affiliate. To me, this is the heart of the AAP – 67,000 pediatricians joining together to care about kids and about each other. As always, please feel free to reach out to me with your questions and suggestions.

Gun Control, PBM Launch and November Elections

continued on page 6...

and champions on many key health-care bills during their time in the legislature. Dr. Liston is expected to easily win reelection this year while Dr. Huffman is running unopposed; Dr. Johnson is not up for reelection this cycle.

There are three physicians seeking office this cycle and it is likely at least one will be joining the Ohio General Assembly next year. Dr. Anita Somani (D), a Columbus-area OB/GYN and longtime statehouse advocate, is running against Hilliard City Councilmember Omar Tarazi (R) in an open seat in western Franklin County. Additionally, Dr. Jim Duffee (D), a Springfield-area pediatrician, is challenging State Rep. Bill Dean (R-Xenia) in the 71st House District. Finally, Dr. Patricia Goetz (D), a pediatric psychiatrist in the Akron area, is running against State Senator Kristina Roegner (R-Hudson) in the 27th Senate District in Northeast Ohio. We wish all of these candidates (incumbents and challengers alike) the best of luck in November, especially Ohio AAP members Dr. Beth Liston and Dr. Jim Duffee!
Meet Your Newly Elected Leaders!

Congratulations to the newly elected Ohio AAP Board of Directors! Get to know these new Chapter leaders in the article below. Please also join us in sending our deepest thanks to Mike Gittelman, MD, FAAP, who is transitioning off the Board. We appreciate the time, energy and effort you have sacrificed for the benefit of our organization! You have helped us grow and thrive and we know you will continue to be an important part of the Chapter and our programs for years to come!

Chris Peltier, MD, FAAP
President

Dr. Peltier has been in practice as a general pediatrician at Pediatric Associates of Mount Carmel, Inc. for the past 22 years. In addition to providing routine well and ill care, he is passionate about providing mental health care for his patients. Dr. Peltier is an Associate Professor of Pediatrics at the University of Cincinnati College of Medicine and serves as the Director of the Community Section in the Division of General and Community Pediatrics at Cincinnati Children’s Hospital Medical Center. His main academic interest is in medical education. He precepts medical students and residents in his office. He has presented numerous faculty development workshops both regionally and nationally. Dr. Peltier leads numerous education, advocacy, and quality improvement projects for the Chapter. He also serves as the Education Chair for the National AAP Council on Community Pediatrics.

Area of interest most looking forward to address? I hope to strengthen the partnership of the Chapter with the children’s hospitals throughout the state. Ohio has arguably the strongest network of children’s hospitals in the nation. By working together, we can ensure that Ohio’s children are the healthiest in the nation.

Kelsey Logan, MD, MPH, FAAP, FACP
President-Elect

Kelsey Logan, MD, MPH, is director of the Division of Sports Medicine at Cincinnati Children’s Hospital Medical Center and is an Associate Professor of Pediatrics and Internal Medicine at the University of Cincinnati. She completed her residency in Internal Medicine and Pediatrics at the University of Mississippi Medical Center and Sports Medicine Fellowship at the University of Wisconsin. Dr. Logan is passionate about involving children in physical activity and sports, and she loves caring for athletes and their families and she works to effect practice and policy changes supporting those things. In Ohio, she works on the OHSAA Joint Advisory Committee on Sports Medicine. She is a member of the medical advisory committee for the Ohio Athletic Trainers’ Association, for whom she was elected a 2013 Team Physician of the Year. Dr. Logan has served on the AAP Executive Committee of the Council on Sports Medicine and Fitness, American Medical Society for Sports Medicine Board of Directors, and NCAA Committee on Competitive Safeguards. Dr. Logan is a team physician for Hughes High School and Cincinnati Gymnastics. When not on a sporting event sideline, you can find her having outdoor adventures with her family.

Additional New Leadership

- Immediate Past President
  Jill Fitch, MD, FAAP

- Delegate-at-Large
  Sarah Adams, MD, FAAP

- Nominating Committee
  David Karas, MD, FAAP

- Hospital Employed Physician
  Roopa Thakur, MD, FAAP

Area of interest most looking forward to address?
In my president-elect role, I look forward to ensuring our CME capabilities meet the varying needs of our members. I also aim to involve, value, and showcase the amazing diversity we have in Ohio pediatricians.

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Sarah Denny, MD, FAAP  
*Treasurer*

Sarah Denny, MD, FAAP, works as an attending physician in the Division of Pediatric Primary Care at Nationwide Children’s Hospital and as an Associate Professor of Pediatrics at The Ohio State University School of Medicine. She is co-Medical Director of Ohio AAP Injury Prevention Initiatives and served on the Executive Committee for the Council on Injury, Violence and Poison Prevention for the American Academy of Pediatrics. She served as the lead author on the Prevention of Drowning Policy Statement, published last year by AAP. Dr. Denny is Co-Director for Resident Advocacy Education at Nationwide Children’s Hospital and enjoys teaching pediatric residents how pediatricians can effectively advocate for the needs of their patients. Dr. Denny sits on the Board of Directors for the Ohio Chapter of the American Academy of Pediatrics and is the co-chair of the Chapter Advocacy Committee.

**Area of interest most looking forward to address?** In my new role, I look forward to working with Chapter members to advocate for child health and safety. Now, more than ever, our voice as child experts is needed in places where policy is made. The Ohio AAP already has a strong, well-respected presence at the Ohio Statehouse, and I look forward to engaging more members in these advocacy activities.

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**DID YOU KNOW??**

The skin is the human body’s largest organ and one of the most important ones! However, with great importance comes great potential for problems and skin disorders, especially for young patients. Eczema, or atopic dermatitis (AD), can happen to anyone, but it is most common in babies, children and young adults. Eczema often runs in families with a history of AD or other allergic conditions, such as hay fever and asthma. The new AD QI Program focus will include further considerations around Diversity, Equity and Inclusion!

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**Launching November 2022!**

Contact Brooke Powell at bpowell@ohioaap.org with inquiries.
I am personally inviting you to join me for the Ohio AAP Annual Meeting on October 28-29, 2022. This year, the Ohio AAP will be BACK in-person for our Annual Meeting at the Hilton Polaris Columbus after 2 years of a virtual experience! I have been attending the Ohio AAP Annual Meeting for over a decade. Whether it is learning during the educational sessions, hearing about advocacy opportunities, networking with colleagues, or learning about new services and products from our exhibitors, I always find the Ohio AAP Annual Meeting informative, fun, and inspiring.

Ohio AAP leadership is applying best practices in meeting formats to create a meaningful experience for you. We know that your time is valuable, which is why we have assembled a diverse slate of hot topics and speakers to make the most of your time investment. As an exclusive Ohio AAP membership benefit, we have worked hard to provide FREE registration for you and your staff.

Here a few key reasons to re-connect with us live in October:

• **Reconnect, network,** and meet with new and old colleagues
• Fully engage in the meeting with **less distractions**
• Experience **connection** and empathy you can’t get through a screen
• Allows a space for creativity to flow and **brainstorming** to occur
• Chance to meet and talk **in-person with exhibitors**
• Receive your **FREE** Ohio AAP meeting swag bag

This is the most important year to come together as an organization to act as a collective voice for child health. Advocacy is top of mind and action this fall with an incredibly important gubernatorial race, significant changes in Medicaid and several contentious bills on the docket. Our collective voice is more important than ever.

This year, Annual Meeting will kick off with a luncheon fundraiser hosted by the Ohio AAP Foundation that supports our immunization coalition, Ohio Champions for Vaccines (OC4V). Ohio’s immunization rates are WELL BELOW where they need to be for all Ohioans to be protected from potentially dangerous vaccine-preventable diseases. The mis- and disinformation has scared Ohioans, and it is time to set the record straight. OC4V shares factual, data-driven information and stories about vaccines. Our program will approach this emergent issue and new wave of anti-vaccine sentiment couch as medical freedom with a multi-disciplinary team of experts, pediatricians, media members and parents. Our panelists will share their stories and perspectives and attendees will have an opportunity to ask questions and provide comments with a goal of moving forward together to protect our children. The luncheon will feature a special virtual appearance by Paul Offit, MD, FAAP – all paid luncheon attendees will receive a copy of his new book, *You Bet Your Life.*

Borrowing from the inspiring television show Ted Lasso, the Chapter staff have adopted “BELIEVE” as the Chapter motto this year. In that same vein, I BELIEVE that this year’s Ohio AAP Annual Meeting will be the best ever, but we need your help by attending. Please visit the Annual Meeting site for a complete brochure and to register today or contact Elizabeth Dawson with questions.

Kindest regards,

Chris Peltier, MD, FAAP
President, Ohio Chapter, AAP
Twitter: @cpeltier007

*Excludes Ohio AAP Foundation Luncheon Fee*
Exclusive Giveaways for Ohio AAP Members and Paid Attendees

- Register by September 1, 2022 and you will be entered in a drawing to receive **1 of 5 free hotel rooms** at the Hilton Columbus/Polaris to use during the conference.
- All attendees will be entered into a raffle for a door prize with a **$500 value**.
- All paid luncheon attendees will receive a copy of the **newest book** by Paul Offit, MD, FAAP

Highlight Topics

- Ohio AAP Foundation Luncheon – From Fear to Medical Freedom: Overcoming the Vaccine Hesitancy Movement and Medical Misinformation to Increase Rates Through Pediatricians, Legislators, Media and the Community. Proceeds benefit Ohio Champions for Vaccines (OC4V)
- Addressing DEI to Reduce Infant Mortality
- State Advocacy Update and Call to Action
- LGBTQ+ Fact Versus Fiction
  - Clinical & Legislative
- The Future of the Medical Home: Different Ways to Use Technology to Connect with Families. New Material Rollout
- Sports Medicine Update
- The Aggressive Child, Oppositional Defiant Disorder (ODD) and How Trauma Plays a Roll
- Pediatric Acne and Dermatology
  - Latest Updates
  - Using Telehealth for Visits
- Infant Feeding World Café: Case-Based Education
  - Intolerance/Allergies
  - Breastfeeding
  - Feeding Cues
  - Ohio AAP Resources

Why Join Us In Person?

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- Fully engage in the meeting with less distractions
- Provides connection and empathy you can’t get through a screen
- Allows a space for creative juices to flow and brainstorming to occur
- Need to step out or take a break? No problem!

Earn up to 6 CME/MOC Part II Credit

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Ohio lawmakers call Medical Freedom Act strong legislation
This week, the Ohio House of Representatives passed a Medical Freedom Act lawmakers call the strongest of its kind. It states the bill will help protect Ohioans from “draconian vaccine mandates.” Representative Don Jones said there are two main amendments lawmakers in favor of the bill were glad to see pass. “School children cannot be …

Many Ohio schools are not enforcing vaccinations for mumps, measles, polio and other diseases
How many students at your kid’s school are missing required vaccines?

Ohio GOP lawmakers want to protect those refusing COVID-19 shot from discrimination
Six of those who introduced the bill have publicly announced they will not get a COVID-19 vaccine.

From Fear to Medical Freedom: Overcoming the Vaccine Hesitancy Movement and Medical Misinformation to Increase Rates Through Pediatricians, Legislators, Media and the Community
The Ohio AAP Foundation Fundraiser Luncheon supports our coalition, Ohio Champions for Vaccines (OC4V). Ohio’s immunization rates are NOT where they need to be for all Ohioans to be protected from potentially dangerous vaccine-preventable diseases. The mis- and disinformation has scared Ohioans, and it is time to set the record straight. OC4V shares factual, data-driven information and stories about vaccines. Our program will approach this emergent issue and new tide of anti-vaccine sentiment couched as medical freedom with a multi-disciplinary team of experts, pediatricians, media, and parents. Our panelists will share their perspective, then the large group will have an opportunity to ask questions and provide comments, with a goal of moving forward together to protect our children within the medical home.

COST: $40 Member, $60 Non Member, $750 for a table of 8

DONATE NOW

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DONATE NOW

to support the work of OC4V, our vaccine advocacy in action: OhioAAP.org/donate

Join today: https://ohioaap.org/oc4v

#safepedshealthykids • #OhioAAPAM

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Learning Objectives

• Implement lessons learned from the history of vaccine hesitancy to facilitate conversations with families about vaccine and medical misinformation.
• Integrate best clinical practices and recommendations from lived experience experts to create a safe, supportive environment for LGBTQ+ youth within pediatric clinical practice.
• Examine how eliminating racial disparities in healthcare can improve black maternal health outcomes in Ohio.
• Recognize when to refer patients with pediatric dermatologic emergencies and how telehealth can be utilized to better improve access to care for patients with dermatologic needs.
• Analyze cases and apply best practices in the treatment of patients with acute and chronic feeding concerns.
• Recognize characteristics of common causes for back pain in athletes and be able to start appropriate management and treatment.
• Implement treatment guidelines to develop and foster adherence to management plans when treating patients with Oppositional Defiance Disorder (ODD).

Ohio AAP is working hard with partners to be able to provide this conference **FREE** for Ohio AAP Members and Staff as an EXCLUSIVE benefit

*Excludes Ohio AAP Foundation Luncheon Fee

CME/MOC PART II CREDIT with simple questions following each session!

HOTEL
Hilton Columbus/Polaris
8700 Lyra Drive, Columbus, Ohio, 43240
Room Rate; $159 ++
614-885-1600

Resident and Early Career Pre-Annual Meeting Workshop

October 28, 2022 • 9-11 am

• Resident and Early Career Session
  9:00-10:00 am
  *Jolie Havens, JD, Vorys, Sater, Seymour & Pease, LLP*
  • Career Advice: Contracting, Interviewing and Advice from a Seasoned Pediatrician
  • Contracting - Legal Aspects
• Breakout 1 - 10:15-11:00 am
  *Chip Hart, PCC Pediatric Solutions*
  • The 45 Minute Business Class We Wish Every Resident Had to Take
• Breakout 2 - 10:15-11:00 am
  *John Adams, CLU®, ChFC®, CASL®, RICP®, CFP®, Adams, Gut & Associates*
  • Financial Literacy

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## Schedule of Events

### Friday, October 28, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic/Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 – 11:30 AM</td>
<td>Exhibits Open</td>
</tr>
<tr>
<td>9:00 AM</td>
<td><strong>Welcome</strong> • Kelsey Logan, MD, MPH, FAAP, FACP, Ohio AAP President-Elect</td>
</tr>
</tbody>
</table>
| 9:00 – 11:00 AM | RESIDENT AND EARLY CAREER SESSION • 9:10-10:00 AM  
*Career Advice: Contracting, Interviewing and Advice from a Seasoned Pediatrician*  
Contracting/Legal Aspects - Jolie N. Havens, JD, Partner, Vorys, Sater, Seymour and Pease LLP  
William Cotton, MD, FAAP, Ohio AAP Advocacy Chair & Kelsey Logan, MD, MPH, FAAP, FACP, Ohio AAP President-Elect |
| 10:00 – 10:15 AM | **Update from American Board of Pediatrics**  
Keith Mann, MD, MeD, FAAP, Vice President of Continuing Certification at American Board of Pediatrics |
| 9:30 – 11:00 AM | Executive Committee Meeting • Ohio AAP Members Invitation Only               |
| 11:00 – 11:30 AM | Exhibit Break                                                                 |
| 11:30 AM – 1:00 PM | **OHIO AAP FOUNDATION LUNCHEON**  
*From Fear to Medical Freedom: Overcoming the Vaccine Hesitancy Movement and Medical Misinformation to Increase Rates Through Pediatricians, Legislators, Media and the Community*  
Funds raised will benefit Ohio Champions for Vaccines (OC4V) work.  
**Welcome & Overview:** Judy Romano, MD, FAAP, Ohio AAP Foundation Chair  
**Special Virtual Guest:** Paul Offit, MD, FAAP, Children's Hospital of Philadelphia  
Guests will receive a copy of his latest book, *You Bet Your Life*.  
**Panelists:**  
- Danny Hurley – History of Vaccine Advocacy  
- Robert Frencik, MD, FAAP – Clinical Update, DEI Outreach Efforts  
- Denise Warrick, MD, FAAP, Chair, Ohio Champions for Vaccine (OC4V)  
- Jonathan Walsh, Investigative Reporter, News 5 – WOAS Cleveland  
- Parent TBA  
**Facilitator:** Melissa Wervey Arnold, Ohio AAP CEO |
| 1:00 – 1:30 PM | Exhibit Break                                                                 |
| 1:30 – 2:30 PM | PLENARY SESSION  
*Racial Disparities in Healthcare and Improving Black Maternal Health Outcomes*  
Terri Major-Kincade, MD, MPH, FAAP, Texas Children’s Hospital |
| 2:30 – 2:45 PM | Exhibit Break                                                                 |
| 2:45 – 3:45 PM | **State Advocacy Update**  
Danny Hurley, Capitol Consulting |
| 3:45 – 4:00 PM | Exhibit Break                                                                 |
| 4:00 – 5:00 PM | **LGBTQ+ Fact Versus Fiction**  
Shanna E. Swaringen, DO, FAAP, THRIVE Program, Nationwide Children’s Hospital  
Parent & Teen |
| 5:00 – 6:00 PM | **OHIO AAP 2022 AWARDS CEREMONY RECEPTION**  
Let’s Raise a Glass to Our Distinguished Honorees, Including Ohio AAP Immediate Past-President Jill Fitch, MD, FAAP with an Open Bar and Hors D’oeuvres. |

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## Schedule of Events

### Saturday, October 29, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic/Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 – 10:00 AM</td>
<td><strong>Breakfast Business Meeting</strong>&lt;br&gt;• Ohio AAP President and CEO Address – Chris Peltier, MD, FAAP and Melissa Wervey Arnold, CEO&lt;br&gt;• AAP District V Update – Lia Gaggino, MD, FAAP&lt;br&gt;• The Future of the Medical Home: Different Ways to Use Technology to Connect with Families, Including New Material Rollout – Chris Peltier, MD, FAAP, Ohio AAP President &amp; Greg Eberhart, MD, FAAP, Cornerstone Pediatrics&lt;br&gt;• Ohio Preventative Health (PHP) QI Program – Chris Bollling, MD, FAAP, PHP Program Medical Director</td>
</tr>
<tr>
<td>10:00 – 10:15 AM</td>
<td>Break with Chair Yoga&lt;br&gt;Judy Romano, MD, FAAP</td>
</tr>
<tr>
<td>10:15 AM – 12:15 PM</td>
<td><strong>Pediatric Acne and Dermatology</strong>&lt;br&gt;• Latest Updates&lt;br&gt;• Using Telehealth for Visits&lt;br&gt;Esteban Fernandez Faith, MD, FAAP, Nationwide Children’s Hospital&lt;br&gt;Kalyani S. Marathe, MD, MPH, Cincinnati Children’s Hospital Medical Center</td>
</tr>
<tr>
<td>10:15 AM – 12:15 PM</td>
<td><strong>Infant Feeding World Café: Case-Based Education</strong>&lt;br&gt;• Intolerance/Allergies – Ben Prince, MD, FAAP, Nationwide Children’s Hospital&lt;br&gt;• Breastfeeding/Lactation – Divya Danduluri, RND, LD, CLEC, Dayton Children's Hospital&lt;br&gt;• Feeding Cues – Amrik Khalsa, MD, FAAP, Nationwide Children’s Hospital&lt;br&gt;• Ohio AAP Resources – Sarah Adams, MD, FAAP, Akron Children’s Hospital</td>
</tr>
<tr>
<td>10:15 AM – 12:15 PM</td>
<td><strong>Sports Medicine Update</strong>&lt;br&gt;Alissa M. Conde, MD, FAAP, CAQSM, Cincinnati Children’s Hospital Medical Center&lt;br&gt;Kelsey Logan, MD, MPH, FAAP, Cincinnati Children’s Hospital Medical Center</td>
</tr>
<tr>
<td>10:15 AM – 12:15 PM</td>
<td><strong>The Aggressive Child, Oppositional Defiant Disorder (ODD) and How Trauma Plays a Role</strong>&lt;br&gt;John Duby, MD, FAAP, Dayton Children’s Hospital</td>
</tr>
</tbody>
</table>

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Conference Registration Information

REGISTER TODAY by visiting: https://ohioaap.org/annualmeeting22

<table>
<thead>
<tr>
<th>Annual Meeting Package</th>
<th>Member and Member Staff</th>
<th>Non-Member Physician (Dues for 2022-2023)</th>
<th>Non-Member Non-Physician</th>
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<tr>
<td><strong>Champion for Children Package</strong></td>
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<tr>
<td>Friday MOC/CME Sessions</td>
<td>$0</td>
<td>$290</td>
<td>$100</td>
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<tr>
<td>Saturday MOC/CME Sessions</td>
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<tr>
<td><strong>With Luncheon</strong></td>
<td>$40</td>
<td>$330</td>
<td>$160</td>
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<tr>
<td><strong>Friday Only</strong></td>
<td>$0</td>
<td>$265</td>
<td>$75</td>
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<tr>
<td>Friday MOC/CME Sessions</td>
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<tr>
<td><strong>With Luncheon</strong></td>
<td>$40</td>
<td>$305</td>
<td>$135</td>
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<tr>
<td><strong>Saturday Only</strong></td>
<td>$0</td>
<td>$265</td>
<td>$75</td>
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<tr>
<td>Saturday Breakfast and Saturday MOC/CME Sessions</td>
<td>$60 ($265 + $35)</td>
<td>$90</td>
<td></td>
</tr>
<tr>
<td><strong>Ohio AAP Foundation Luncheon Only</strong></td>
<td>$40</td>
<td>$60</td>
<td>$60</td>
</tr>
</tbody>
</table>

CME/MOC Statements
The Ohio Chapter, American Academy of Pediatrics (Ohio AAP) is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

The Ohio AAP designates this live activity for a maximum of 6 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 6 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program.

It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit. MOC Part II credit will be entered into the CME data portal entitled PARS and will be shared electronically with the ABP within 30 days of the activity date.

Target Audience: Pediatric or family medicine primary care, sub-specialists, hospitalists, general physicians, nurses, residents, medical students, psychiatrists, educators, parents, teens, psychologists, law makers, community members, allied health and all other stakeholders in the safety and health of Ohio’s children.

Course Description: This activity is designed to provide health practitioners with the most recent curriculum in vaccine health, infant mortality, LGBTQ+ health, dermatology, sports medicine, infant feeding and mental health.
Celebrate: An Updated Policy Statement and Technical Report on Breastfeeding and the Use of Human Milk are Here!

Lydia Furman, MD, FAAP; Julie Ware MD, MPH, IBCLC, FAAP
Janet Wasylyshen-Velasco, MD, MPH, IBCLC, FAAP
Vanessa Shanks, MD, CLC, FAAP

As your Ohio Chapter Breastfeeding Coordinators (CBCs), we are thrilled to introduce you to these updated documents, available in the July 2022 Pediatrics. Both cover epidemiologic and equity issues, duration and exclusivity, contraindications, special situations from medication use to radiologic procedures, jaundice and more! The Technical Report provides supporting evidence for the Policy Statement.

What’s New
Breastfeeding is the normative standard for infant feeding and a public health imperative. The new statements are now aligned with World Health Organization recommendations to support breastfeeding with exclusivity until 6 months and the addition of complementary feeds for two years or longer, as mutually desired. Families may lack support for longer breastfeeding durations and a special role for pediatricians in embracing this choice is emphasized; maternal and child health benefits are greater with increased breastfeeding duration. Support from the workplace, employers and daycares, and the right to breastfeed in public are essential to breastfeeding success; the absence of paid parental leave continues to be an obstacle that must be addressed. Many parents who may want to continue breastfeeding actually wean earlier than desired or continue to breastfeed in secret due to lack of support from family, healthcare professionals, and societal norms. The goal of this revised policy is to add additional support for families, not additional pressure.

Aligning with Safe Sleep
Astute readers may note that wording in the updated AAP Policy Statement on Sleep-Related Infant Deaths differs slightly from that in the Breastfeeding and Use of Human Milk Policy Statement. We are all on the same page, however! The Safe Sleep Policy says, “...it is recommended that infants be fed with human milk (i.e., not offered any formula or other nonhuman milk-based supplements) exclusively for 6 mo, with continuation of human milk feeding for 1 y or longer as mutually desired by parent and infant...” The Breastfeeding Policy now says, “…The AAP supports continued breastfeeding, along with appropriate complementary foods introduced at about 6 months, as long as mutually desired for 2 years or beyond...” It’s valuable to focus on “…exclusively for 6 months” and “as long as mutually desired”, which are fully aligned between policies and support evidence-based breastfeeding recommendations. SIDS (sudden infant death syndrome) and SUID (sudden unexpected infant death) are defined as conditions that “end” at one year of age, so it’s appropriate for the Safe Sleep Policy to focus on year one since SIDS/SUID data are not available beyond that age.

Similarly, while the phrasings for pacifier use differ slightly between the Policy Statements, guidance is aligned and supportive of breastfeeding. The Safe Sleep Policy recommends offering a pacifier at bedtime and naptime, and adds, “…For breastfed infants, delay pacifier introduction until breastfeeding is firmly established. This is defined as having sufficient milk supply; consistent, comfortable, and effective latch for milk transfer; and appropriate infant weight gain as defined by established normative growth curves. ...” The Breastfeeding Technical Report focuses on helping parents recognize and respond to infant hunger cues: we can easily recognize that providing a pacifier instead of the breast (or expressed human milk) to a fussy, rooting or restless infant risks undermining breastfeeding and milk supply.

Education
Venues for self-education include the Section on Breastfeeding’s Faculty Implementation Guide to the Breastfeeding Residency Curriculum (<https://www.aap.org/en/learning/breastfeeding-curriculum/>), and Physician Education and Training on Breastfeeding (<https://www.aap.org/en/patient-care/breastfeeding/physician-education-and-training-on-breastfeeding/>). Other free online trainings include The University of Mississippi Medical Center inter-professional breastfeeding training (<https://breastfeeding.inspire-health.org/global/>), and the State University of New York at Albany training (<https://www.albany.edu/cphee/lactation.shtml>). As the new Policy Statement notes, the role of the pediatrician is critical, and the more we can educate ourselves, the better we can support our patients and families.
Ohio AAP Welcomes New Members!

Stephanie Bland, DO
Chidiogo Anyigbo, MD, MPH, FAAP
Jessica Barnes, DO, FAAP
Shawana Bibi, MD, FAAP
Courtney Cinco, MD, FAAP
John Fargo, DO, FAAP
Rosemary Martoma, MD, FAAP
Amy Parker, MD, FAAP
Courtney Alvis, MD
Jaime Baldeon, MD, FAAP
Elodie Betances, MD, FAAP
Razleen Brar, MD, FAAP
Randal De Souza, MD,
Kristen Hyberg, MD, FAAP
Amy Joseph, MBBS, FAAP
Gabriel Mandel, MD,
Rida Shahid, MD, FAAP
Melissa Yildirim, MD, FAAP
Omar Abdulrazzaq, MD
Emily Adler, MD
Eddy Aguilar, MD
Jamal Alanni, MD, BS
Rosario Alarcon, MD
Kaia Amoah, MD
Nichole Anderez, DO
Harriet Appeah, MD
Muhammad Ashraf, MD
Kristina Assaf, DO
Ashley Augustine, MD
Kati Baillie, MD
Devin Barnaby, MD
Bryana Bell, MD
Mikaela Berger, MD
Anthony Bernick, MD
Valentina Bonnefil, DO
Sarah Bowman, MD
William Bridgeman, MD
Tighrid Brouzine, MD
Kyra Bufi, MD
Mackenzie Buls, MD
Mikayla Burrell, MD
Virginia Busby, MD
Robin Byron, MD
Elisabeth Cahill, MD
Sarah Callaham, MD
Patricia Calma, DO
Cinthia Capellan Mata, MD
Emily Catchpole, MD
Emily Certo, DO
Jefferson Chandler, MD
Nicole Chang, MD
Victoria Charpentier, MD
Shridha-Sonia Chhabria, MD
Jonathan Colegrove, DO
Bradley Conant, MD
Rachel Connell, MD
Anisha Lobo, MD
Abigail Gardiner, MD
Nabila Alzubair, MD
Abigail Gardner, MD
Barbara Garza-Ornelas, MD
Gabriela Gonzalez-Cantoran, MD
Miranda Gregori, MD
Sarah Grewal, DO
Suzette Grindle, DO
Charu Gupta, MD
Thomas Gwendolyn, MD
Samuel Hale, MD
Moath Hamaidi, MD
Danny Hammoudi, MD
Julianne Haney, MD
Meghan Haney, MD
Madison Hansen, MD
Ashley Hardee, MD
Rebecca Healy, DO
Waverly Hebert, DO
Jesus Hernandez, MD
Brandon Hoff, DO, MPH
Meaghan Holzworth, MD
Nicolle Hurwitz, MD
Collin Huth, MD
Kara Imbrogno, DO
Benjamin Jacob, MD
Raya Jadaan, MD
Suhib Jamal, MD
Piuni Jayatlake, MD
Elizabeth Jansen, DO
Jennifer Jess, MD
Nicole Jewett, MD
Alexis Juergensen, DO
Emily Kain, MD
Elisabeth Kamano, MD
Anuva Kartha, DO
Sara Kennedy, MD
Monica Kim, DO
Shine Kim, DO
Valerie Kirtley, MD
Jamie Klein, MD
Dhruv Kohli, MD
Morufat Kososko, MD
Harshitha Kumar, MD
Andriana La Mantia, MD
Alexis Lester, MD
Anisha Lobo, MD
Jadyn Locigno, DO
Reagan Lyman, DO
Catherine Lyndaker, MD
Caroline Maguire, MD
Kathleen Mak, DO
Eric Marasco, DO
Alexandra Marcovici, MD
Tal Marshanski, MD
Thomas Mason, MD
Margaret Massett, DO
Elefteria Matsa, MD
Abigail Mayfield, DO
Megan McConathy, DO
Megan McPhee, DO
Richard Miller, MD
Olivia Mirabella, MD
Aliyah Mohammed, MD
Priya Mohan, MD
Fariha Mostafiz, MD
Timothy Mrowiec, MD
Garrett Muckleroy, MD
Nisha Nanavaty, MD
Christina Nguyen, MD
Isaiah Noel, MD
Ahena Obeng, DO
Irene Obuzor, MD, MPH
Sema Osman, MD
Elizabeth Otto, MD
Karishma Palvadi, MD
Eric Pam, MD
Amy Parikh, MD
Jewel Park, MD
Rachel Patterson, MD
Talia Pearl, MD
Zachary Pitkowsky, MD
Diana Ponitz, MD
Ann Printhy, DO
Emily Qin, MD
Sophia Rafferty, DO
Emily Rembetski, DO
Katherine Rhone, DO
Carter Richardson, MD
Kelsey Riggs, MD
Laura Roberts, DO
Grant Robertson, MD
Jasmine Robinson, MD
Carol Rowley, MD
Grace Rushton, MD
Justin San Juan, DO
Kendyl Schreiber, MD
Samuel Schriever, MD
Christopher Seiboldt, MD
Elaine Sidler, MD
Alec Smith, MD
Joshua Spegman, MD
Ethan Sperry, MD, PhD
Alexandra St. Onge, DO
Grace Stammen, DO
Miriam Stats, MD
Julie Tomolinos, MD
Kari VanEvery, MPH, MD
Jessica Vaughan, MD
Carolyn Vekstein, MD
Kenyatta Vaheed, MD
Elizabeth Walton, MD
Christine Wang, MD
Kyle Wilkerson, MD
Rachel Wlock, MD
Erin Woeste, DO
Yongmin Xu, MD
Keval Yerigeri, MD
Nestor Yeyati, MD
Michael Young, MD

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The Foundation Advisory Board is excited to officially welcome our newest member, Neith Evie Cardenas! Neith is the Brand Director at NA Pampers - Procter & Gamble, where she helps with strategy, commercialization, and design across Pampers Hospital Networks, Swaddlers, Pure, and Baby Dry. The Ohio AAP Foundation is thankful for our growing partnership with Procter & Gamble and looking forward to the meaningful and innovative knowledge Neith brings to this new role!

Get to know Neith...

1. My Passion: Fair and equitable BIPOC treatment, resources, and education.


3. My Favorite Quote: If you're going to do something, do it right the first time.

4. My Reason for Joining the Ohio AAP Foundation Board: Prior to P&G, I worked in the education sector transforming the Boston Public Schools system. Now, I have the opportunity to use my strengths in the health sector. A child's health and education are fundamental requirements for their success and well-being in society.
Improving Black Maternal Health Takes Center Stage at Annual Meeting and in QI Projects

Data regarding black maternal health in Ohio consistently demonstrates the immense needs and disparities for these mothers and families. In 2017-2018 (the most recent available data), non-Hispanic Black women were 1.5 times more likely to die from pregnancy-related causes (other than overdose) than non-Hispanic white women.

In April 2022, the Health Policy Institute of Ohio identified three key takeaways for those in a position to impact racial disparities in maternal mortality and morbidity:

1. Access to high-quality prenatal care is essential for healthy pregnancies and births.
2. Long-term, toxic stress can create health problems that impact pregnancy.
3. Strategies exist to decrease disparities in maternal morbidity and mortality, and improve outcomes.

Ohio AAP programs and education have applied these concepts into practice to help Ohio’s pediatricians on the front lines when working with families. Upcoming activities will allow members to learn new strategies and receive resources to impact these needs in their communities.

For the plenary session “Racial Disparities in Healthcare and Improving Black Maternal Health Outcomes,” Ohio AAP is bringing a nationally recognized speaker to Annual Meeting 2022, being held at the Polaris Hilton Columbus on October 28-29. Dr. Terri Major-Kincade is a double board-certified neonatologist and pediatrician with over 20 years of experience as a clinician, perinatal health disparities advocate, and neonatal palliative care and perinatal hospice provider currently based in Dallas, Texas. Her presentation will provide a history of the health disparities in the U.S. and practical solutions for improving both maternal and neonatal outcomes. A strong understanding of the problem will give context and clarity to the solution. Dr. Terri will arm Ohio AAP members with key actions to advance maternal and pediatric health equity in Ohio. Annual Meeting is FREE for Ohio AAP members, with registration open now at: https://ohioaap.org/annualmeeting22

Ohio AAP has introduced quality improvement projects that also address this area of disparity, and participants in these efforts have been invited to join Dr. Terri’s Annual Meeting session for networking and opportunities to apply lessons and resources to their QI work. Some of these projects currently in action include:

- **Smoke Free Families (SFF) QI Learning Collaborative** – Tobacco use and smoke exposure among families is an area with many disparities; non-Hispanic black children, children from low-income families and children living in rented housing are all at higher risk for tobacco smoke exposure. Through the SFF project, providers receive resources and education to identify these risks and provide necessary resources, such as referrals to the Ohio Quit Line.

- **Injury Prevention Plus SEEK QI Learning Collaborative** – Over four waves, this project focused on helping pediatricians impact the social determinants of health needs for their patients has reached all corners of Ohio; providers serving families at greatest risk (based on data from the Ohio Department of Health) have been engaged for the most recent wave, with a focus on reducing health disparities.

- **Healthy Mom, Healthy Family (HMHF) QI Learning Collaborative** – This project addresses maternal health disparities by screening mothers for behaviors that impact current children or future pregnancies during infant visits. HMHF is enrolling practices for a 3rd Wave launching in January 2023. To learn more or enroll today, contact Hayley Southworth at hsouthworth@ohioaap.org or visit: https://ohioaap.org/hmhfregistration
## Ohio AAP Program Partners

Ohio AAP Acknowledges the following partners in support for Ohio Pediatric Programs

<table>
<thead>
<tr>
<th>Program Description</th>
<th>Amount</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximizing Office Based Immunizations/Teen Immunization Education Sessions</td>
<td>$300,000</td>
<td>(ODH)</td>
</tr>
<tr>
<td>Parenting at Mealtime and Playtime Education Program</td>
<td>$174,350</td>
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<tr>
<td>Lead Screening QI Program</td>
<td>$400,000</td>
<td>(ODH)</td>
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<tr>
<td>Ohio Parents Advocating for Vaccines</td>
<td>$20,000</td>
<td>(Unrestricted Grant)</td>
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<tr>
<td>Practice Transformation Program: Improving Nexplanon Provision in Adolescents</td>
<td>$296,000</td>
<td>(Nationally-Funded Quality Improvement Grant)</td>
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<td>HPV QI Program</td>
<td>$150,000</td>
<td>(Unrestricted Education Grants)</td>
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<tr>
<td>Interventions to Minimize Pre-term and Low Birth Weight through Continuous Improvement Techniques (IMPLICIT) QI Program</td>
<td>$1.2 Million</td>
<td>(ODH)</td>
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<tr>
<td>Polyarticular Juvenile Idiopathic Arthritis (pJIA) – Building a System of Care to Improve Patient Compliance and Provider Connections in the Medical Home</td>
<td>$200,000</td>
<td>(Unrestricted Education Grant)</td>
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<tr>
<td>Maternal Child Health Education &amp; QI Program</td>
<td>$314,000</td>
<td>(ODH)</td>
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<tr>
<td>Atopic Dermatitis: Understanding Health Disparities in Underserved Minorities QI Program</td>
<td>$246,000</td>
<td>(Unrestricted Grant)</td>
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<tr>
<td>Smoke Free Families QI Program</td>
<td>$400,000</td>
<td>(ODH)</td>
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<tr>
<td>Injury Prevention Plus SEEK Program</td>
<td>$120,000</td>
<td>(ODH)</td>
</tr>
<tr>
<td>Store It Safe (SIS) Program</td>
<td>$325,000</td>
<td>(ODH)</td>
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The elbow, unlike any other joint in the body, has a unique architecture that allows the joint to pivot, rotate and act as a hinge. The elbow at maturity is made up of three articulations, the radiocapitellar, ulnohumeral, and the proximal radioulnar joints. Skeletal maturation is an important factor in diagnosis as the elbow is made up of six secondary ossification centers that close at varied times in development. Epiphyseal plates in general are significantly weaker than most surrounding structures, and the physis is the weakest elbow structure in children; thus making it a common site of injury. Knowing how to approach the young athlete presenting with “elbow pain” is imperative as more athletes specialize in single sports, playing year-round starting at younger and younger ages.

Little league elbow, or medial epicondylar apophysitis, is a common cause of elbow pain in skeletally immature athletes. It is most common between the ages of 8-15, which corresponds to the age of maturation of the medial epicondylar apophysis. Little league elbow is an overuse injury that is most often due to repetitive stress on the elbow from overhead throwing, specifically the valgus stress to the elbow and compression forces at the lateral aspect of the radiocapitellar joint during the late cocking and acceleration phases. In the late cocking phase, the glenohumeral joint goes into abduction and external rotation with the elbow flexed and forearm pronated. This is followed by the acceleration phase which occurs as the forward force results in rapid internal rotation and abduction at the glenohumeral joint and extension of the elbow. This forcesubjects the medial epicondylar apophysis to high forces leading to inflammation, widening or avulsion injuries. While it is most common in pitchers, it can also be seen in all positions that require repetitive overhead throwing.

Pain or discomfort should be taken seriously as early diagnosis can lead to a faster recovery and return to play. Patients with Little League elbow typically present complaining of unilateral medial elbow pain that occurs during throwing activities. There is typically no report of known injury or trauma but the athlete may show or describe signs of decreased throwing velocity and accuracy. In more severe cases, the athletes may describe pain with regular daily activities involving lifting or grasping. A complete history and upper extremity exam is essential to differentiate little league elbow from other elbow pathology as well as to rule out cervical spine or shoulder etiologies. On physical exam there will be tenderness to palpation over the medial epicondyle as well as pain with valgus stress. Patients with medial apophysitis may demonstrate a flexion contracture of 15 degrees or greater and resisted wrist flexion and forearm pronation tend to be painful.

Given the complexities of the elbow in the skeletally immature athlete, radiographs play an important role in the diagnosis. While radiographs in little league elbow most commonly show a normal epicondylar apophysis, widening or avulsion of the apophysis can be seen. AP, lateral and a comparison view of the contralateral elbow can be helpful to accurately identify and differentiate the normal phsyseal changes from the pathologic ones.

Once Little league elbow is confirmed, the athlete should stop all throwing activities and/or daily activities that cause pain. Aside from severe cases, immobilization is not typically needed. Ice and NSAIDs can be recommended for symptom relief in the first few weeks. Rehabilitation should be implemented early to maintain range of motion and to improve strength. The focus of therapy should be on the elbow as well as the other structures involved in throwing, such as the shoulder, trunk and lower extremity. A throwing evaluation can be helpful to correct any biomechanical abnormalities that may have contributed to injury. Once the athlete is symptom free, a gradual throwing progression program can begin. Additional radiographs are typically not needed.

In addition to diagnosis and treatment, the physician must identify risk factors and aid in prevention. Therefore, the role of the physician as an advocate for these young athletes cannot be overstated. There are regulations in place regarding pitch counts per day and rest days based on age. This can be difficult to track or enforce if the young athlete is involved in multiple leagues at the same time. The clinician should ask about the patient’s exposure to throwing; inquiring about what positions they play and time spent in each. In the short term, repetitive injury to the physis can lead to growth disturbances, OCD or elbow instability. In the long term, after physeal closure, that repetitive valgus force is transmitted to the ulnar collateral ligament leading to sprains or tears that often require surgical repair to continue throwing.
Elbow pain in young athletes can be concerning as a parent and is something to be taken seriously. There are six different growth plates in the elbow, all of which close at different ages. Each of these growth plates is a potential location for injury until growth is complete and they fuse into adult bone. In skeletally immature individuals, the growth plate tends to be weaker than the surrounding structures and therefore injured first. The growth plate on the inside of the elbow, also referred to as the medial epicondyle apophysis, is the last to close around ages 15 to 16. Medial epicondyle apophysitis, or little league elbow, is the injury to this growth plate and one of the most common causes of elbow pain in young athletes.

Little league elbow is an overuse injury that affects children between the ages of 8-15. It does not typically occur due to one single event or injury, but rather slowly over time due to repetitive stress placed on the elbow with throwing. Baseball continues to be one of the fastest growing youth sports in the U.S. and with that comes a lot of throwing. While this injury is most common in baseball pitchers, it can occur in other baseball and softball players or even in other sports requiring repetitive overhead throwing.

Early signs of little league elbow include a loss of speed and accuracy in your child’s throw. They may complain of pain on the inside of their elbow which is likely to occur during or after throwing activities initially, but if not addressed can lead to elbow pain with everyday tasks such as grasping or lifting. Early recognition of little league elbow is imperative in preventing more severe injuries and a quicker return to play. If your child complains of elbow pain you should immediately remove them from the game or practice, and if that pain continues for more than a few days your child should be evaluated by a physician.

In order to make the appropriate diagnosis the doctor will ask you and your child questions regarding the pain and all current activities. The physical exam will include an evaluation of the entire upper extremity to rule out other causes for similar pain. A lot can be determined by history and physical exam alone, and additional imaging is not always required. However, this injury can range from simple inflammation to a significant avulsion (pull off) fracture of the growth plate, so your child’s physician may request an x-ray to help diagnose the problem.

The treatment of little league elbow depends on the severity of the injury. Most cases do not require immobilization (such as a sling or a cast), but your child will need to take a period of rest from all throwing activities. As long as they are pain free outside of sport, they can continue other daily activities. Anti-inflammatories such as ibuprofen may be recommended early on in the injury to help with inflammation. While resting from throwing they will likely be referred to physical therapy. In therapy, they will work on maintaining range of motion and strength of the elbow as well as other areas involved in throwing such as the shoulder, core, and legs. Once your child is pain free, they should be reevaluated to assure it is safe to start a progression back to throwing. The majority of children are able to return to their desired sport after treatment at their level of ability prior to injury.

Prevention is one of the most important parts of your child’s management as they continue with sports. An evaluation and correction of their throwing and pitching mechanics to optimize their technique is an important step to reduce the risk of injuries in the future. You can also help reduce your child’s risk for little league elbow by strictly adhering to pitch counts and recommended days of rest. Elbow pain should not be considered normal in young throwers. Prompt diagnosis and treatment can decrease time away from sport as well as long-term complications.
At any given time, one in five teens are depressed, and suicide is the second leading cause of death in 10- to 19-year-olds. Suicide in teens can be triggered by a seemingly small stressor and can happen quickly – making it essential that providers prioritize adolescent mental health in practice. To meet this need, the Ohio AAP’s SIS Adolescent Suicide Prevention QI Program launched a pilot in 2021 to empower physicians and other healthcare professionals to identify and address the risks of suicide at all encounters with adolescents. Ohio AAP surveys of parents have found that pediatricians are a trusted source of information on preventing access to lethal means, a unique aspect of the SIS QI Program.

Seven sites participated in this program, implementing new processes to help increase the quality and consistency of screening for depression and suicide. Training on using evidence-based screening tools was provided, as well as resources for discussions with all families to ensure a plan is in place for eventual times of crisis. Participants also received safe storage boxes to distribute with patients at risk; the boxes were used to help secure lethal means like medication and firearms. This project was led by Drs. Michael Gittelman and Sarah Denny, with mental health expertise from Dr. Emily Harris. Hayley Southworth served as the project manager.

The pilot of the Store It Safe Adolescent Suicide Prevention Program concluded in June 2022, paving the way for a new wave of the project that has received additional support and partnership through the Ohio Department of Health and Ohio Department of Mental Health and Addiction Services.

Program Outcomes/Highlights:

Key areas of improvement:
• All participants increased confidence in discussing adolescent mental health and suicide prevention.
• Increased depression screening by more than 30% and suicide screening by more than 45% over baseline.
• Incorporated discussion of lethal means storage and safety planning that had not been included in adolescent visits for participants prior to the program.

Thank you to all our program participants!
• Fairfield Primary Care (CCHMC)
• South Dayton Pediatrics
• MetroHealth Pediatric Primary Care (5 Locations)

Reducing tobacco smoke exposure lessens risks immediately for infants, including sleep-related deaths and asthma. Over a child’s life, less home smoke exposure can mean less repeat sick visits for problems like respiratory and ear infections, and healthier caregivers. The Ohio AAP’s Smoke Free Families (SFF) program offers practices an opportunity to promote lifelong health for the entire family while earning immediate benefits for providers.

Wave 5 of the Smoke Free Families Learning Collaborative ended in September 2022, with 12 participating...
practices from across Ohio. SFF sites implement a screening tool that collects information on smoking, vaping, and sleeping environments for patients birth – 12 months of age. Participants joined Action Period webinars, coaching meetings, and submitted PDSA cycles to improve their ability to identify and address smoke exposure or unsafe sleep environments in the home. Wave 6 of the project launched two months after Wave 5, using similar methods to engage additional practices.

This project was led by Dr. Michael Gittelman, with a supporting team of the following experts: Dr. Michele Dritz, Dr. Melinda Mahabee-Gittens, Dr. Christine Stahle, and Dr. William Mudd. Hayley Southworth served as the project manager.

Program Outcomes/Highlights:

Key areas of improvement:

- When tobacco smoke exposure was identified, participants provided education, resources and referrals more than 80% of the time.
- Practices consistently discussed unsafe sleep environments more than 90% of the time.
- Engaged new practice types, including 8 pediatric pulmonology clinic locations.

Thank you to all our program participants!

- CCF Akron General Center for Family Medicine
- CCF Center for Pediatric Pulmonology
- CCF Independence Family Health
- Dayton Children’s Pediatrics
- Franklin Park Pediatrics
- Lima Pediatrics
- Marshall Pediatrics Inc.
- Nationwide Tiffin Pediatrics
- Oregon Pediatrics
- Riverside Family Practice
- UH Rainbow Chardon Pediatrics
- Victoriano T. Co, MD, Inc.

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HAVE ALWAYS KEPT
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AND GOALS AT THE
CENTER OF OUR
FINANCIAL PLANNING.

- RANDY ALLISON MD
PHYSICIAN, EMERGENCY MEDICINE
LATEST RESOURCES FOR FEEDING LITTLE ONES

**Prenatal Nutrition: Dairy’s Building Blocks for Baby’s Brain Development**
This National Dairy Council webinar was created to educate health and wellness professionals on the role of dairy foods in supporting a healthy pregnancy, particularly related to its cognitive bundle of nutrients.

**Dairy Foods Help Nourish Infants & Toddlers**
Leading pediatric and health organizations recognize the benefits of milk and dairy foods in the early years after birth.

**Picky Eating and Responsive Feeding**
Children may go through a period of picky eating which can start at any age but is most common in toddlers. Experts discuss the importance of providing parents with strategies and reassurance that picky eating is part of normal development.
handinhandparenting.org
Helping parents when parenting gets hard

Learn More

AMCHP
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GREATNONPROFITS
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Refresh!
Re-discover the joy of parenting with AMCHP's new approach to play, listening, and setting limits.
Ohio AAP is launching a new 9-month innovative preventative health quality improvement project!

Launching December 2022, the Ohio AAP’s newest QI opportunity will help providers improve their ability to complete effective screening and provide appropriate interventions in emerging child health topics. Areas of focus include social determinants of health, injuries in the home, immunizations, depression screening, and more.

Program Participation Benefits Include:
- Ability to provide age and developmentally appropriate preventative care and anticipatory guidance
- 25 MOC Part IV points
- $1,250 stipend to support your practice
- Education from content experts
- Personal QI coaching

Contact Alex Miller at amiller@ohioaap.org to register or for more information.
Upcoming Events and Education

**LEAD-FREE OHIO TRAINING**  
September 29, 2022  
*Webinar*

**BODY IMAGE AND MOTIVATIONAL INTERVENING**  
September 30, 2022  
*Webinar*

**ANNUAL MEETING**  
October 28-29, 2022  
*Columbus Hilton Polaris*

**SMOKE FREE FAMILIES EDUCATION SERIES: BEST PRACTICES TO REDUCE SMOKE EXPOSURE IN ALTERNATIVE SETTINGS**  
February 8, 2023  •  *Webinar*  
February 14, 2023  •  *Webinar*