

KEEP YOUR CHILD HEALTHY WITH REGULAR **WELL-CHILD VISITS!**

Making sure that your child sees their pediatrician for regular well-child visits and recommended vaccines is one of the best things you can do to protect your child. Well visits are the foundation for a strong, trustworthy relationship among pediatrician, parent and child, helping to develop the optimal physical, mental and social health of a child.

Developmental screening, a key component of well-child visits, is the practice of systematically looking for and monitoring signs that a young child may be delayed in one or more areas of development. This formal process identifies any potential needs in your child's development early on, allowing interventions to be put into place quickly, while your child is young.

KEY COMPONENTS OF A WELL VISIT:



Discussion of personal & family history



Head-to-toe examination



Tracking growth & developmental milestones



Immunizations



Confidential discussions on mental & reproductive health



Screenings for vision, hearing, elevated blood lead levels, oral health & much more



Counseling on nutrition & activity



Questions you may have for your provider

WELL-CHILD VISITS SHOULD BE SCHEDULED AT THE FOLLOWING AGES:

- 2 to 5 days
- 1 month
- 2 months
- 4 months
- 6 months
- 9 months*
- 12 months
- 15 months
- 18 months*
- 2 years old*
- 2½ years old*
- 3 years
- Once every year thereafter for a physical examination/assessments

*AAP recommends developmental and behavioral screening for all children during regular well-child visits at these ages. Autism screening specifically, is recommended at 18 months and 2 years.



For more information, please visit:

<https://ohioaap.org/education-cme-moc-ii/preventive-health-program/>