



ADDRESSING VAPING IN PRIMARY CARE

NICOTINE'S EFFECT ON THE DEVELOPING BRAIN



Increased cognitive impairment, particularly later in life



Increased risk for developing psychiatric disorders



Increase in attention deficit issues, that increase with years of use

PARTICULARLY VULNERABLE YOUTH

LGBTQ+ YOUTH

AFRICAN-AMERICAN YOUTH

NATIVE AMERICAN YOUTH

HISPANIC YOUTH

YOUTH WITH MENTAL HEALTH CONDITIONS

RESOURCES FOR PROVIDERS

- Adolescent SBIRT Toolkit for Providers: www.mcpap.com/pdf/S2BI%20Toolkit.pdf
- AAP Policy Statement on Vaping: pediatrics.aappublications.org/content/143/2/e20183652
- American Lung Association Medical Billing Guide: www.lung.org/assets/documents/tobacco/billing-guide-for-tobacco-1.pdf
- NIDA Screening Tools: www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/chart-screening-tools
- State Tobacco-Free Resources:
 - Ohio: odh.ohio.gov/wps/portal/gov/odh/know-our-programs/tobacco-use-prevention-and-cessation/JUUL2/
 - Colorado: www.tobaccofreeco.org/know-the-facts/
 - Massachusetts: www.mass.gov/info-details/learn-about-youth-use-of-e-cigarettes-and-other-vaping-devices
- SBIRT & Behavior Change Resources:
 - Oregon: www.sbirtoregon.org/sbirt-workflow/
 - Colorado: www.sbirtcolorado.org/adolescent-sbirt

RESOURCES FOR CAREGIVERS & FAMILIES

- CDC Tip sheet for parents: e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipsheet_508.pdf
- NYT "How to Talk to your teen about Vaping": www.nytimes.com/2018/02/14/well/family/how-to-talk-with-teenagers-about-vaping.html
- AAP info for parents: www.healthychildren.org/English/health-issues/conditions/tobacco/Pages/Facts-For-Parents-About-E-Cigarettes-Electronic-Nicotine-Delivery-Systems.aspx
- Campaign for Tobacco Free: youthengagementalliance.org/wp-content/uploads/2016/08/JUUL-Fact-Sheet-2-5-18.pdf

QUIT RESOURCES FOR TEENS & YOUNG ADULTS



My Life, My Quit

(Text or phone support by National Jewish Health)
mylifemyquit.com



SmokeFreeTeen

(Text or app support by the NIH)
teen.smokefree.gov



This Is Quitting

(Text or app support by the Truth Initiative)
Text DITCHJUUL to 88709



For more information, please visit:

<https://ohioaap.org/education-cme-moc-ii/preventive-health-program/>