

# KEEP YOUR CHILD HEALTHY WITH REGULAR WELL-CHILD VISITS!

Making sure that your child sees their pediatrician for regular well-child visits and recommended vaccines is one of the best things you can do to protect your child. Well visits are the foundation for a strong, trustworthy relationship among pediatrician, parent and child, helping to develop the optimal physical, mental and social health of a child.

## KEY COMPONENTS OF A WELL VISIT:



Discussion of personal & family history



Head-to-toe examination



Tracking growth & developmental milestones



Immunizations



Confidential discussions on mental & reproductive health



Screenings for vision, hearing, elevated blood lead levels & much more



Counseling on nutrition & activity



Questions you may have for your provider

## WELL-CHILD VISITS SHOULD BE SCHEDULED AT THE FOLLOWING AGES:

- 2 to 5 days
- 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 2 years old
- 2½ years old
- 3 years
- Once every year thereafter for a physical examination/assessments



For more information, please visit:

<https://ohioaap.org/education-cme-moc-ii/preventive-health-program/>