Infant mortality is the death of a child before reaching their 1st birthday and is a key measure of the health of a community.

In Franklin County, 2018:
- Black infants are almost 3X more likely to die before their first birthday than white babies.
- Only 5 states have a higher Black infant mortality rate than Ohio.

Infant Mortality by Race:
- Black: 51.4%
- White: 34.6%
- Hispanic: 4.4%
- Other: 9.6%

What creates health disparities in infant mortality?
- Racism & Discrimination
- Education & Job Inequalities
- Poverty
- Access to Health Care
- Availability of Resources
- Social Support

Ohio Chapter
Incorporated in Ohio

Kiwanis Club of Columbus

American Academy of Pediatrics
Dedicated to the health of all children®
WHAT YOU CAN DO!

Helpful Tips

- Reminder! Women of reproductive age should take a **daily multivitamin**
- Help pregnant women in your family or community receive **prenatal care**
  - Offer rides to appointments if you can
  - Watch older children if needed
- Create a **safe infant sleep environment**
  - Use a crib or pack-n-play with only a fitted sheet
  - Infants should never share a sleep surface like a bed or couch
  - Infants should always sleep on their back
- Make sure babies receive **regular care from a pediatrician**
- Make sure mother and eligible children are **vaccinated** against COVID-19 and all over vaccine-preventable diseases

Helpful Resources

- For help with **safe sleep practices**
  - Cribs for Kids
    - [https://cribsforkids.org/](https://cribsforkids.org/)
- For **access to healthcare**
  - Ohio Department of Medicaid
    - [https://medicaid.ohio.gov/](https://medicaid.ohio.gov/)
- To find community resources like **food, housing, jobs, and more**
  - Ohio AIRS
    - [https://ohioairs.org/](https://ohioairs.org/)
- For all other **family health resources**
  - Ohio Chapter, American Academy of Pediatrics
    - [https://ohioaap.org/resources-for-families/](https://ohioaap.org/resources-for-families/)

Check out the Ohio AAP's Infant Mortality After COVID-19: Saving Lives Through Family Health Podcast Series!

Follow us on social for more education!

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