



HOW TO IMPLEMENT LEAD POISONING PREVENTION STRATEGIES, RESOURCES, AND EDUCATION **DURING HOME AND VIRTUAL VISITS**

ADVICE FOR FAMILIES



Preventing Lead Exposure in the Home

- Cover chipping paint temporarily with tape
- Block access to windows that contain lead
- Keep children away when homes are being renovated or repaired
- Clean surfaces with wet/damp mop – no dry sweeping
- Borrow HEPA vacuum from Health Department



Preventing Lead Exposure from Work

- Change clothes and shoes at work, or before entering the home
- Shower at work, if possible, or right when you get home
- Keep clothes separate – wash separately



General Hygiene

- Wash hands frequently
- Avoid playing in bare soil in high-risk areas
 - Near older homes (within 10 feet)
 - Near street
 - In neighborhoods with nearby industry

SIGNS & SYMPTOMS OF LEAD EXPOSURE

Most commonly, exposure is acutely asymptomatic, but long-term effects are observed at low and acutely asymptomatic levels. This is why we need to test high-risk kids.



Irritability



Behavioral problems



Abdominal pain



Lethargy



Loss of appetite



Headaches



Memory loss

Seizures
(high lead exposure)

WHO SHOULD HAVE A BLOOD TEST FOR LEAD?

1. Children less than 6 years, with an emphasis on 1 and 2 year olds who are **Medicaid eligible**.
2. **Lives in a high risk zip code** (See map on Ohio AAP website)
3. Lives in or regularly visits a home or building built before 1950
4. Lives in or regularly visits a home or building built before 1978 that has deteriorated paint
5. Lives in or regularly visits a home or building built before 1978 that has current or planned renovation/remodeling
6. Has a sibling or playmate that has or did have an elevated blood lead level
7. Frequently encounters an adult who has a lead-related hobby, or occupation
8. Lives near an active lead smelter, battery recycling plant, or other industry known to generate airborne lead dust

RESOURCES

Contact:

Ohio Healthy Homes and Lead Poisoning Prevention Program Ohio Department of Health

246 North High Street, Columbus, Ohio 43215
Phone: 1-877-LEAD-SAFE (1-877-532-3723)

Additional Resources for Information on Childhood Lead Poisoning:

Government Agencies

- Ohio Department of Medicaid: <http://www.medicaid.ohio.gov/FOROHIOANS/Programs/Lead.aspx>
- Housing and Urban Development (HUD): https://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes
- U.S. Environmental Protection Agency (EPA): <https://www.epa.gov/lead>
- Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/nceh/lead/>

Lead Advocacy and Support Groups:

- National Center for Healthy Housing: <http://centerforhealthyhousing.org/>
- Children's Environmental Health Network: <http://cehn.org>
- Ohio Healthy Homes Network: <http://www.ohhn.org/>
- Pediatric Environmental Health Specialty Units: www.pehsu.net
- American Academy of Pediatrics: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/lead-exposure/Pages/default.aspx>
- Ohio Chapter, American Academy of Pediatrics: www.ohioaap.org



View additional resources, including
an interactive Ohio map:
leadtoolkit.ohioaap.org