Ohio Chapter
INCORPORATED IN OHIO
American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

PEDIATRICS

A QUARTERLY NEWSMAGAZINE OF THE
OHIO CHAPTER, AMERICAN ACADEMY OF PEDIATRICS
FALL 2021

Find resources for use with patients and families inside this issue!

This is Our Shot

to Combat the Misinformation and Support our Patients and their Caregivers

2021 ANNUAL MEETING RECAP 7-9
COVID-19 UPDATE 10-11
ENROLLING QI PROJECTS 22

In This Issue

President's Message • 3

Statehouse Update • 4
Legislature Wraps Up 2021

Foundation Focus • 5
Foundation Fundraiser Raises Awareness

District V Update • 6
End of Year Wrap Up from AAP

2021 Annual Meeting • 7

Let's Get Ohio's Children Vaccinated! • 10

Introducing the New Ohio AAP Website! • 12

Ohio AAP Welcomes New Members! • 13

Foundation Donors • 15

Ohio AAP Program Partners • 16

Sports Shorts • 17
Scaphoid Fracture

New Store it Safe Resources • 19

Ohio AAP Podcasts • 20

Enrolling QI Projects • 22

Ohio Chapter
INCORPORATED IN OHIO
American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

Ohio AAP **educates, innovates** and **advocates** for 2,900 **pediatricians** to positively impact over 1M (and counting) **children and their families each year, ultimately enabling them to grow and achieve their** dreams.

Ohio Pediatrics: A publication of the Ohio Chapter, American Academy of Pediatrics

OFFICERS:
President:
Jill Fitch, MD, FAAP

President-Elect:
Chris Peltier, MD, FAAP

Treasurer:
Kelsey Logan, MD, MPH, FAAP, FACP

Immediate Past-President:
Michael Gittelman, MD, FAAP

Delegates-At-Large:
Michelle Dritz, MD, FAAP
Kate Krueck, MD, FAAP
Denise Warrick, MD, FAAP

Advocacy Liaison:
William Cotton, MD, FAAP

Foundation Liaison:
Michael Gittelman, MD, FAAP
Judith Romano, MD, FAAP

Hospital-Employed Physician Liaison:
Sarah Denny, MD, FAAP

Chief Executive Officer:
Melissa Wervey Arnold

Lobbyists:
Danny Jones & Danny Hurley,
Capitol Consulting Group

Nominations Committee:
Suet Kam Lam, MD, MPH, MS, FAAP
Jeri Rose, MD, FAAP
Lisa Ziemnik, MD, FAAP

Ohio Pediatrics Editorial Board Members:
Sherman Alter, MD, FAAP – Blue Ash
Mary Ayers, MD – Cleveland
Jaclyn Bjelac, MD, FAAP – Cleveland
Steven Cuff, MD, FAAP – Columbus
Jennifer Hardie, MD, FAAP – Lebanon
Kathleen Matic, MD – Dayton
Emia Oppenheim, PhD, RD, LD – Columbus
Thomas Phelps, MD, FAAP – Novelty
Roopa Thakur, MD, FAAP – Beachwood
Greg Walker, MD, FAAP – Cincinnati

PILLAR LEADERS:
Advocacy:
William Cotton, MD, FAAP
Sarah Denny, MD, FAAP
Staff: Melissa Wervey Arnold

Child Health:
Chris Peltier, MD, FAAP
Sarah Adams, MD, FAAP
Staff: Elizabeth Dawson
Alex Miller, MPH

Foundation:
Judith Romano, MD, FAAP
Staff: Melissa Wervey Arnold
Hayley Southworth, MS
Olivia Simon

Operations:
Katherine Krueck, MD, FAAP
Kelsey Logan, MD, MPH, FAAP, FACP
Staff: Hayley Southworth, MS
Lory Winland, MPA

Practice of Pediatrics:
Denise Warrick, MD, FAAP
Jonathan Price, MD, FAAP
Staff: Kristen Fluitt, MS
Olivia Simon

President's Message

View all of the Annual Meeting Presentations at https://ohioaap.org/annual-meeting-2021/

Jill Fitch, MD, FAAP

President, Ohio Chapter, American Academy of Pediatrics

The power of YOU! Without YOU we could not have made some of the strides that have occurred over this increasingly difficult time of the pandemic.

First, I wish to thank all of you who attended the Ohio AAP Annual Meeting. While we had to move again to a virtual format, I thoroughly enjoyed all the topics and speakers. Alex Kemper, MD, FAAP and Samir Shah, MD, MSCE, FAAP were engaging in their presentation of articles from Ohio. Ohio is prolific in publications and research, and they just scratched the surface of what is being published. Scott Pagonis, MD, MS, FAAP; Ira Taub, MD, FAAP; and Amy Edwards MD, FAAP explored COVID-19 case studies and how it can present in a helpful and educational presentation. Chris Peltier, MD, FAAP; Bob Frenck, MD, FAAP; and Lou Edje, MD, MHPE, FAAFP described the challenges and benefits of COVID vaccine administration in the medical home. These are just a few of many important topics covered at this year's meeting.Thanks especially to Ohio AAP COO, Elizabeth Dawson, who seamlessly makes this meeting a success each year (and sorry to her adorable dog Georgie who is lonely while she and her husband are busy running the meeting)!

I encourage all of you to implore your local representatives to support vaccines and other endeavors that protect the health of our children. The Ohio AAP staff have spent countless hours on defeating anti-vaccine bills. Ohio AAP CEO Melissa Wervey Arnold and Michael Brady, MD, FAAP deserve our applause for enduring hours at the statehouse in a room populated by those who opposed vaccines while they waited to provide testimony. Also important is the new threat to transgender youth and their healthcare in HB 454. There are many other issues relevant to your pediatric practice in Ohio and I am sure more will unfortunately come in 2022. For up-to-date information, please consider signing up for Peds on Call, our grassroots pediatrician's advocacy group and by visiting https://ohioaap.org/advocacy-overview-and-priorities/. We are also still recruiting champions for our vaccine advocacy group OC4V, which stands for Ohio Champions for Vaccines. Please join and encourage others as well at https://ohioaap.org/oc4v - and you can even order a t-shirt to spread the word about the importance of vaccines at https://ohioaap.org/oc4vtee.

As we have just finished Thanksgiving, I encourage you to express gratitude, celebrate the blessings in your lives and take time to recharge and refresh by focusing on your own well-being. We need YOU to be healthy mentally and physically as we enter 2022. I am grateful for the support the Ohio AAP provides me on a personal and professional level and hope we do the same for YOU.

Best regards,

Jill Fitch, MD, FAAP

ADVERTISEMENT

AGA ADAMS, GUT & ASSOCIATES

is proud to sponsor

OHIO AAP
2021 ANNUAL MEETING

Creating Clarity & Confidence in a Complex Financial World

adams-gut.com

Legislature Wraps Up 2021 Without Taking Action on Vaccine Legislation

Danny Hurley
Manager of Governmental Affairs, Capitol Consulting Group, Inc.

Over the past several months, a number of bills have been introduced to restrict COVID-19 vaccine requirements, prohibit mask mandates in schools, and place additional restrictions on public and private entities related to protecting the health and safety of workers and customers. These bills have attracted significant attention from anti-vaccine advocates who have protested at the statehouse, as well as in legislative districts. Though there have been many hours of committee testimony, including some very colorful moments, most of these bills have failed to gain traction. Despite high caseloads and crowded hospitals, we expect continued attention to this issue in 2022.

As previously reported, lawmakers began the 134th General Assembly by passing Senate Bill 22 and overriding Governor DeWine's veto of the measure. Sponsored by State Senators Robert McColley (R-Napoleon) and Kristina Roegner (R-Hudson), SB 22 placed limits on public health directives issued by local health agencies and gave the General Assembly the ability to rescind orders issued by the Governor or Ohio Department of Health related to pandemic response. The Ohio House Health Committee also heard several hours of testimony on House Bill 248. Sponsored by State Representative Jennifer Gross (R-West Chester), HB 248 would have placed new restrictions and exemption requirements on all vaccinations. While the bill failed to pass committee, it served as a focal point for the anti-vaccine community and several members of the House Majority Caucus.

Ohio AAP joined a large coalition with healthcare groups and business organizations to oppose HB 248 and related measures. In response to calls from several legislators, the Ohio House Leadership team unveiled House Bill 435. Sponsored by State Representatives Rick Carfagna (R-Westerville) and Bill Seitz (R-Cincinnati), this bill focused narrowly on the COVID-19 vaccine and did not prohibit employer mandates; it simply required exemptions to be offered to employees. HB 435 faced pushback from both sides of the vaccine debate and died in committee as well. With the holidays approaching, a number of Republican legislators held up their votes on new Congressional Maps to secure a floor vote on an anti-vaccine bill.

Just before Thanksgiving, the Ohio House of Representatives quickly passed House Bill 218 by a vote of 58 – 32. Sponsored by State Representative Al Cutrona (R-Canfield), this bill originally dealt with the hours of operation for bars during a pandemic. The text of the bill was replaced with language largely resembling HB 435. Key provisions include—

- Prohibits a public or private entity from requiring a vaccine that has not been approved by the U.S. Food and Drug Administration;
- Requires any public or private entity that mandates the COVID-19 vaccine (or any other mRNA vaccine) to offer exemptions for medical contraindications, natural immunity, and religious and philosophical objections;
- Mandates that the Ohio Bureau of Workers Compensation cover injuries that arise from an employer-mandated vaccine;
- Prohibits any public or private entity from requiring an individual show proof of COVID-19 vaccination to enter a facility or place of business;
- Finally, extends through June 2023 civil immunity for businesses and health care providers for accidental exposure or transmission of the coronavirus.

The provisions of the bill dealing with vaccine exemptions and BWC coverage expire in September 2025 while other provisions, most notably the vaccine passport prohibition, will be permanent. Ohio AAP opposes HB 218 along with our other coalition partners; the bill also faces opposition from key anti-vaccine groups in Ohio who continue to press for action on HB 248. These groups have begun the process of placing a citizen initiative on the November 2022 ballot. This effort is unlikely to succeed but could have the effect of taking the pressure off of the General Assembly to pass aggressive anti-vaccine legislation.

HB 218 received two hearings in the Senate General Government Budget Committee earlier this month but was not scheduled for a vote. It would likely need some additional changes to receive enough votes from Senate Republicans. Should this occur next year, and the Ohio House of Representatives votes to concur, then the bill would head to Governor DeWine's desk. Earlier this year, DeWine issued a blanket veto threat against any legislation that would hinder the ability of Ohio businesses, hospitals, and public agencies to combat COVID-19. Further, in a recent interview DeWine said he would veto HB 218 in its current form. It is important to note that the bill passed the House without a veto-proof majority.

We will continue to work against these harmful proposals and advocate for vaccination as a powerful tool to combat COVID-19 and other diseases. Thank you to everyone who has answered our action alerts and contacted lawmakers or submitted testimony.

Foundation Fundraiser Raises Awareness and Funds for Youth Mental Health Crisis

Judy Romano, MD, FAAP

One of the Foundation's largest and most prominent events took place a few weeks ago on October 29th during the Ohio AAP's Annual Meeting. The virtual Foundation Fundraiser, *Stories from a Year Lost: Picking up the Pieces of the COVID-19 Pandemic,* was this year's featured keynote address! The fundraiser featured a multi-disciplinary panel of medical and lived-experience experts, who came together to discuss the growing mental health crisis. Fundraising efforts at this year's event went towards the support of the Store It Safe (SIS) Teen Suicide Prevention Program.

Even before the significant impacts of the COVID-19 pandemic, which brought increased uncertainty, loss of peer interactions and social isolation - rates of mental health and teen suicide were soaring. Between March and October 2020, the percentage of emergency department visits for children with mental health emergencies rose by 24% for children ages 5-11 and 31% for children ages 12-17. In Ohio, one-third of students reported feeling sad or hopeless for an extended period during the pandemic. Prompted by these alarming trends, the American Academy of Pediatrics (AAP) declared a national emergency in children's mental health this October.

The timeliness of this year's Foundation keynote could not have come at a more opportune time, as we know many pediatricians, parents, caregivers, teachers, and friends have been struggling to deal with this issue. *Stories from a Year Lost: Picking up the Pieces of the COVID-19 Pandemic* included real-world participants, including a teen and parent advocate, who delivered powerful personal accounts of their experiences with personal or their child's mental health crises. We can't thank our speakers enough for bravely sharing their stories to help shed light on this important topic. Our advocates were also joined by SIS Medical Directors, Dr. Mike Gittelman and Dr. Sarah Denny, as well as SIS Psychiatry Director Dr. Emily Harris to educate on how to address challenges and how the Store It Safe program and resources can help! Most importantly, ALL attendees left with new tools and de-escalation techniques to help children and families better cope during times of crisis. To access or learn more about our new SIS resources, see page 19.

The work of the SIS Teen program is more important than ever and is helping to increase mental health education, support, and resources to Ohioans. **Thanks to the generosity of so many, we were able to raise over $5,500 during the Ohio AAP Foundation Keynote!** The funds raised will help with further spread of the Store It Safe Teen Suicide Prevention Program, develop new policies, allocate funding, and strengthen efforts to reduce suicide risk and increase mental health support. We have accomplished so much, but the continued success of the Store It Safe program is only made possible thanks to the generous support of so many of you all!

Over the past 12 months, we have:

- Distributed 1,500 safety lock boxes (for firearm or medication storage) across the state to restrict access to lethal means
- Provided SIS education to over 1,000 attendees through meetings, virtual education, grand rounds, and conferences throughout the past year
- Reached hundreds of providers, community partners, parents, and teens through our #StoreItSafe social media campaign

Thank you, as always, for your continued support of the Ohio AAP Foundation. This allows us to make meaningful impacts to the communities where we all live and work. Mark your calendars now for next year's Put a Lid on It Program! We hope you will join us next year to promote bike helmet safety as a program participant (application to receive FREE bike helmets opens Winter 2022) or for a round of golf at our Goofy Golf Fundraiser outing on May 13, 2022. Additional details and information coming soon! Supporting the Foundation can be YOUR WAY to make real change happen for our kids in Ohio. The FOUNDATION has been laid, please help add some bricks.

Support Store It Safe and our other programs through the Ohio AAP Foundation, a 501(c)3 by visiting http://ohioaap.org/donate-now/

End of Year Wrap Up from AAP

Lia Gaggino, MD, FAAP, *District V Chairperson*

On all our minds, of course, is the ongoing pandemic. We are quickly approaching the two-year mark, and I know that you are all working tirelessly to keep your patients safe and to vaccinate all children who are eligible for the Covid-19 vaccine. This is a heavy lift, and even harder is the moral injury and backlash of a public who do not fully understand the gravity of this virus. The AAP stands at the ready to support members with resources, data, and recommendations:

- Covid-19 Interim Guidance recommendations are reviewed every 30 days: https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/
- Current data and trends at the state and national level are available here: https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/children-and-covid-19-state-level-data-report/
- Tune in to Covid-19 Town Hall meetings for live discussions with experts. If you are not able to join a live session, all are recorded and accessible here: https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/connecting-with-the-experts/

Mental Health

The pandemic has only shown what pediatricians already knew – that our patients are struggling with their mental well-being and that this has reached crisis levels. The AAP, the Children's Hospital Assocation and the American Academy of Child and Adolescent Psychiatry (AACAP) jointly declared a national emergency in children's mental health. We see enormous demands on our ED's and find that in communities of color, the struggles are even deeper. Leaders from all three organizations are urging policymakers to take several actions. Read more about this call to action: https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/

Equity, Diversity and Inclusion (EDI)

The AAP is committed to EDI across the organization and supports initiatives at the chapter and national levels. Our EDI champion, Lynn Smitherman, is working to promote EDI education, diversify AAP leadership and to help districts and chapters identify and implement strategies that support EDI among members and promote equitable health outcomes for children. Dr. Smitherman can be reached here for more information and support for EDI projects: lsmither@med.wayne.edu

Our Own Wellness

Pediatricians are at the frontlines every day to care for all children and their families. This work can weigh heavily on our hearts and take a toll on our own emotional well-being. In the swirl of the workday, find a moment to breathe and to connect with your purpose, finding joy in the magic moments with children. Below I am including resources for support and renewal:

- **Physician Support Line: 888-491-0141.** This line was developed by our psychiatry colleagues and they are available for confidential support.
- AAP Wellness: https://publications.aap.org/aapnews/news/11962/Member-Health-Wellness
- **The Joy Initiative:** This project was created by Dr. Miko Rose. Join her starting in January and learn how to bring mindfulness and joy into your daily practice. www.joyinitiative.com

May the season bring you peace as you work to make the world a better place for all children.

Cincinnati Children's
is a proud sponsor
of the **Ohio AAP**

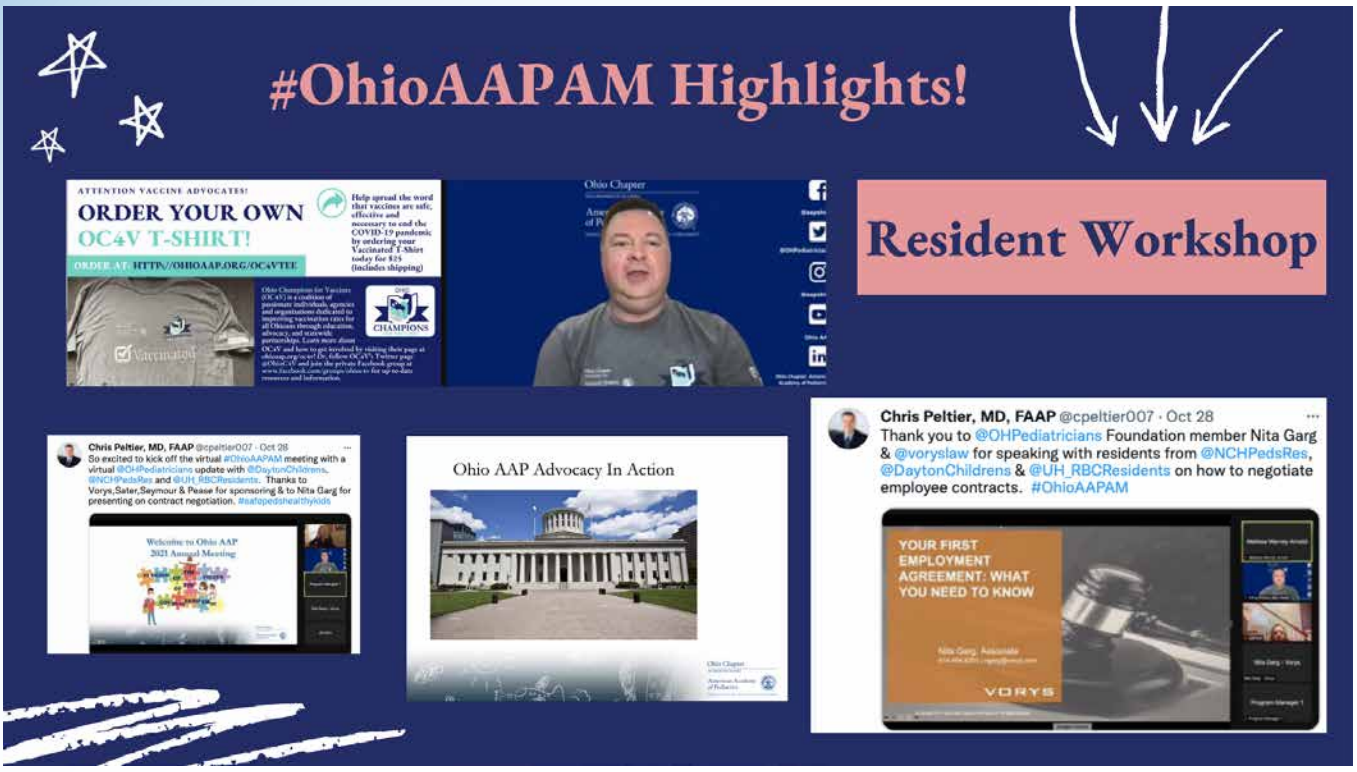
Cincinnati Children's
changing the outcome together

cincinnatichildrens.org

ADVERTISEMENT

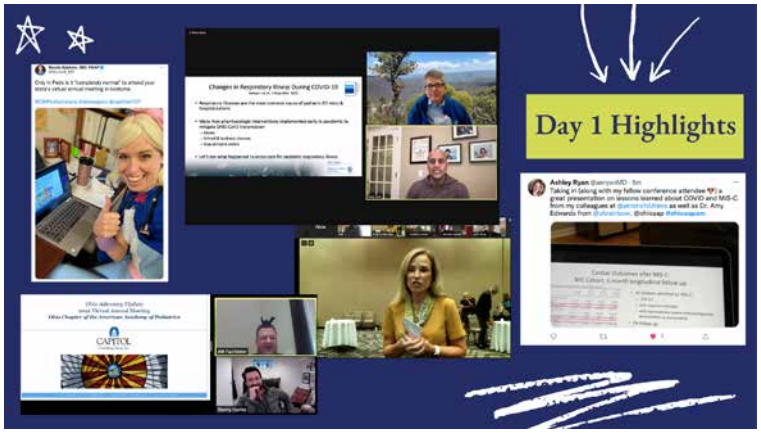
2021 Annual Meeting

Exhibitors: **31 exhibitors** • Foundation Fundraiser Raised: **$5,500**



"Keep up the good work - hopefully in person next year!"

"I always find my dreams come true with the topics covered. I could not have expected better!"



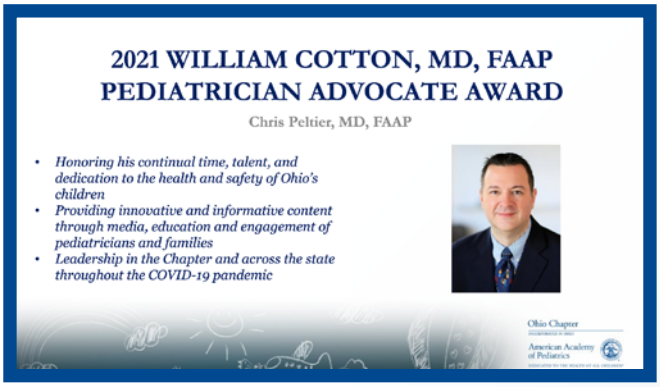
Congratulations

2021 Award Winners

Jonathan Price, MD, FAAP
Outstanding Pediatrician of the Year Award

Parenting at Mealtime and Playtime (PMP)
Leonard P. Rome, MD, FAAP Award

Representative Allison Russo
Antoinette Parisi Eaton, MD, FAAP Advocacy Award



Chris Peltier, MD, FAAP
William Cotton, MD, FAAP
Pediatrician Advocate Award

Amy Buck, DO and Maggie Dade, DO
Akron Children's Hospital
Special Achievement Award

Thank You to Our Generous Sponsors

CHAMPION LEVEL ($5,000 AND ABOVE)

AGA Adams, Gut & Associates Northwestern Mutual Private Client Group

buckeye health plan

CareSource

CeraVe Developed with Dermatologists

ADVOCATE LEVEL ($2,500 - $4,999 AND ABOVE)

AmeriHealth Caritas Care is the heart of our work

Ohio Beef Council

Mead Johnson Nutrition

FRIEND LEVEL ($1,000 - $2,499 AND ABOVE)

AMCNO The Academy of Medicine of Cleveland & Northern Ohio

AccuVax Vaccine Management System

DrinkMilk.com

AstraZeneca

Cincinnati Children's

dayton children's

Gerber

GoCheckKIDS

Help me grow

Moore Foundation

State Medical Board of Ohio

Molina Healthcare

Nationwide Children's — When your child needs a hospital, everything matters.

Danone Nutricia

Ohio Physicians Health Program

Parallel Technologies, Inc. An Employee Owned Company

Paramount Advantage | Medicaid — Affiliate of ProMedica

PCC Pediatric EHR Solutions

Pandas Physicians Network PPN — A Division of The Foundation for Brain Science and Immunology

PTC Therapeutics

Sanofi

SCORM

CPP Buying Group

Vorys — Higher standards make better lawyers

Let's Get Ohio's Children Vaccinated!

The CDC Advisory Committee's approval of the COVID vaccine for children 5-11 years of age was an important next step we've all been waiting for! This expanded authorization impacts 28 million children in the US (and 997,570 Ohioans) and is a great opportunity for us to protect Ohio's children and stop further spread. The pediatrician's office can play an important role in vaccinating young children, while also being a space where children feel safe, and parents feel comfortable to ask questions.

"We know that younger kids are going to be more leery, a little bit more anxious about getting shots, but they're used to coming to our office, they've gotten other vaccines in our office, so they'll just feel more comfortable."

Ohio AAP President-Elect Dr. Chris Peltier

We know some parents and caregivers may still be hesitant and have concerns about getting their child vaccinated. The Ohio AAP, in collaboration with the Ohio Children's Hospital Association, have created a one-page resource handout for parents answering the most asked questions (see page 11 for handout). Please share this with patients, families, or on social media!

Please use the following tips and techniques below to help build vaccine confidence!

- Even if your practice is not administering the COVID vaccine, consider talking or sharing information about the COVID-19 vaccine with patients to help answer questions and provide clarity.
- Make a strong recommendation, not a "so-so" recommendation. Pediatricians are a valued and trusted source of information, and parents rely on pediatricians to tell them what vaccines are necessary.
- Tell your personal story, say "I got the vaccine" or "my child got the vaccine."
- Try these conversation tips for vaccine hesitant parents or caregivers:
  - Use open-ended questions that do not make assumptions.
  - Lead with empathy - acknowledge concerns without judgement.
  - Avoid criticizing a parent's beliefs or information sources.
  - Use your personal experience and/or provide them with resources that are supported by science.
  - Build trust - conversations may not happen immediately and may occur over time. If families are not ready now, revisit conversations next time.
- Boosting vaccination rates may require new strategies to reach families who might otherwise not get vaccinated. Thanks in part to the Ohio AAP's advocacy and close working relationship with Ohio's health plans, incentive payments are now available to eligible Medicaid members. **From now until the end of the year, all Ohio Medicaid and MyCare members aged 12+ who receive their first dose of the COVID-19 vaccine will receive a $100 incentive payment.**

Where can I find a COVID-19 vaccine provider?

Check eligibility, find a provider, and schedule an appointment at the "Get the Shot" website: gettheshot.coronavirus.ohio.gov

The COVID-19 Vaccine for Children Ages 5-11

IMPORTANT FACTS FOR PARENTS

The COVID-19 vaccine has been proven to be safe and effective for children ages 5-17.
As of October 21, 2021, nearly 6.3 million children across the country tested positive for COVID-19. More than 1.1 million of those cases were added during the last six weeks. While severe illness is less common in children, some children can become severely ill, and the longer-term impacts of COVID-19 infection are unknown. In addition, the pandemic continues to impact the emotional and mental health of children.

Even children who have already had COVID-19 should be vaccinated, if they are eligible.
Even if your child has already recovered from COVID-19, it is possible that they could be infected with the virus that causes COVID-19 again. Getting vaccinated is a safer way to build protection than getting infected.

The side effects from the COVID-19 vaccine, if any, are mild and short in duration.
In fact, many people have no side effects at all. The most common symptoms are soreness at the vaccine site, headache and fatigue, which typically last for 1-2 days. These symptoms are a sign that the vaccine is working! The other risk parents worry about is myocarditis. Fortunately, this risk is rare, something most people recover from on their own and is much more likely after an actual COVID-19 illness.

COVID-19 vaccines do not cause infertility.
There is no data or scientific evidence to support that the COVID-19 vaccine impacts fertility in any way.

The COVID-19 vaccine pediatric formulation is a smaller dose than the adult and adolescent formulation.
As with adults, children will require two doses administered three weeks apart.

Your child can receive routine shots, including the annual flu shot, at either of their COVID-19 vaccination appointments.
It is important that children who missed routine vaccinations during the pandemic get caught up. It is safe to receive the flu shot and other routine vaccinations along with the COVID-19 vaccine.

Before a vaccine is authorized by the U.S. Food and Drug Administration (FDA) and by the Centers for Disease Control and Prevention (CDC), it must undergo rigorous testing to evaluate its safety and efficacy.

COVID-19 VACCINE SAFETY

How do I know the vaccine is safe for my child?
More than 192 million individuals in the U.S. have been fully vaccinated. We now have extensive data, including the research from the Pfizer clinical studies, to show the vaccine to be safe and effective in children ages 5-11.

The COVID-19 vaccine has been thoroughly tested on children.
For the past 30 years, hundreds of researchers have worked on mRNA, the key component in COVID-19 vaccines. The COVID-19 vaccine has been extremely effective and extensively tested to show they are safe for use in children.

Children account for about **25% of the U.S. population.** Providing the COVID-19 vaccine to kids is critical to slow the spread of the virus and end the pandemic.

WHERE CAN MY ELIGIBLE CHILD GET THE COVID-19 VACCINE?
Visit **https://gettheshot.coronavirus.ohio.gov** to find a vaccine location near you.

Vaccines for children ages 5-11 will be administered at pediatric or primary care offices, children's hospitals, schools and pharmacies across the state.

IF YOU WOULD LIKE MORE INFORMATION
about the COVID-19 vaccines, visit:
www.cdc.gov/coronavirus/2019-ncov/vaccines

Ohio Chapter
INCORPORATED IN OHIO
American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®
ohioaap.org

Ohio Children's Hospital Association
ohiochildrenshospitals.org

Akron Children's Hospital
Cincinnati Children's
dayton children's
Nationwide Children's
University Hospitals Rainbow Babies & Children's
ProMedica Russell J. Ebeid Children's Hospital
Formerly ProMedica Toledo Children's Hospital

Introducing the New Ohio AAP Website!

New look, same URL! We've been working hard behind the scenes over the past few months on a rebrand of OhioAAP.org!

While our old website was a great repository of many past and current Ohio AAP programs, education, and resources, we also realized it could be cumbersome when it came time for our members to find the information they needed most. After receiving feedback from our leadership and members and consulting with the experts, we set out to rebuild the site.

The Ohio AAP team worked hard to create the best design and function so that you can have an optimal experience navigating programs, education, advocacy, breaking news, events and more. Please take a moment and check out the refined search functions, easy-to-shop resources and sleek new look at ohioaap.org!

We launched the new website at 2021 Annual Meeting to much enthusiasm and we're excited to share the new and improved website here as well!

We are always looking to make our website the best it can be, so if you have any additional feedback or ideas, please contact Olivia Simon at osimon@ohioaap.org.

If you are searching for a specific program, activity or resource from Ohio AAP, be sure to go to OhioAAP.org and enter your topic in the search function. This will give you the best results as opposed to using Google or another search engine.

Ohio AAP Welcomes New Members!

Danielle Adams
Jaclyn Adams
Evan Ammerman
Lauren Bodilly, MD, FAAP
Dekoiya Burton, MD
Kali Chiriboga, MD
Nara Cho, MD
Amy Dadisman
Neemesh Desai, MD
Brooklynne Dilley
Joseph Drews, MD
Deborah Fadoju
Thomas Farnbacher, MD
Linnea Fischer
Charles Foust
Raquel Giacomelli Cao, MD
Sara Greene
Julia Halley
Megan Harris, MD
Satyanarayan Hegde, MD, FAAP
Kyle Hendrix
Tim Holloway
Frances Grace Howard, MD
Hafza Inshaar
Maria Jebbia, MD, FAAP
Marie Lamantia
Gabrielle Langmann, MD, FAAP
Nora Lee
Daniel Lichtenstein, MD
Jonathan Marilao
Sumedha Medicherla
Luke Miller
Danah Muhanna
Olivia Noe
Harsh Patel
Mili Patel
Grace Pryor, MD
Nithya Raya
Danielle Robinson
Shelly Senders, MD, FAAP
Erin Skelly
Caroline Skulski
Katherine Soe, MD, FAAP
Christina Stine, MD, FAAP
Kathleen Sugrue, MD, FAAP
Alexandra Tomasko
Monica Wagner, MD
Emily Warner
Abeba Zewdu

ADVERTISEMENT

CeraVe®
DEVELOPED WITH DERMATOLOGISTS

THE EVERYDAY RECOMMENDATION FOR BUILDING A HEALTHY SKIN BARRIER

Developed with pediatric dermatologists, CeraVe Baby replenishes ceramides 1, 3, & 6-II to help restore and maintain baby's delicate skin barrier.

CLEANSE
with Baby Wash & Shampoo

HYDRATE
with Baby Moisturizing Lotion and Baby Moisturizing Cream

PROTECT
with Baby Healing Ointment

Watch the 2-minute highlights video of an expert discussion on the importance of ceramide-containing skincare for your pediatric patients

CeraVe is a registered trademark. All other product/brand names and/or logos are trademarks of the respective owners.
©2021 CeraVe LLC CVE.B.P.1311

Foundation Donors

July 1, 2021-November 15, 2021

DONORS

**List current as of publication date.*

$5,000 - $9,999

Buckeye Health Plan
CareSource
CervaVe
Ohio Children's Hospital Association
Sarah Adams, MD, FAAP & Family

$2,500 - $4,999

Adams, Gut & Associates-Northwestern Mutual
AmeriHealth Caritas
Mead Johnson
Ohio Beef Council

$1,000 - $2,499

Abbott Nutrition
Academy of Medicine of Cleveland & Northern Ohio
AccuVax by TruMed Systems
American Dairy Association Mideast
Astra Zeneca
Chris Peltier, MD, FAAP & Family
Cincinnati Children's Hospital Medical Center
Cincinnati Comprehensive Sickle Cell Center
CPP Buying Group
Dayton Children's
Elizabeth and Paul Dawson
Gerber
GoCheck Kids
Judy Romano, MD, FAAP & Family
Molina Healthcare
Nationwide Children's Hospital
Nutricia
Ohio Physicians Health Program
PANDAS Physicians Network
Parallel Technologies Inc
Paramount Advantage
Physician's Computer Company
PTC Therapeutics
Sanofi Pasteur
State Medical Board of Ohio
Vorys, Sater, Seymour and Pease LLP
William Cotton, MD, FAAP
& Patty Davidson, MD, FAAP

$500 - $999

Cincinnati Children's Hospital Medical Center
Darryl Robbins, DO
Dayton Children's Hospital
JoAnn C Rohyans, MD, FAAP
Michele Dritz, MD, FAAP & Family
Ohio Physicians Health Program
SOBI

$20 - $499

Alex Kemper, MD, FAAP
Alex Miller, MPH
Alex & Audricka Stidham
Allison Levine
Amanda Gogol-Tagliaferro & Family
Andrew Garner, MD, PhD, FAAP
Barb Galantowicz, MD
Beverly Farmer
Bruce Meyer, MD
Bill Cotton, MD (In memory of Sandra Aured)
The Bhattacherjee Family
Bob Frenck, MD, FAAP
Bruce Meyer, MD, FAAP
Bruce Pasch, MD
Carol Delahuntry, MD, FAAP
Carrie M Rubin, MD
Catherine Wood, BS, LAS, SRA
Celina LaBrec-Salmons, MD
Conleth M.C. Crotser MD
Cornerstone Pediatrics
David Karas, MD
Denise Warrick, MD, FAAP
Diane LeMay MD, FAAP
Dr. and Mrs. Bruce Pasch
Ebru KI. Gultekin, M.D.
Ellen Buerk, M.D.
Esther Bell, MD
Heather Stewart, MD
Hayley Southworth, MS
Jennifer Ricciardo, MD
Jill Fitch, MD, FAAP
Jim Duffee, MD, MPH, FAAP
Joanne M Warmus, MD
Jon Price, MD, FAAP
Jonathan Thackeray, MD, FAAP
Julie Shepard
Kam Lam, MD MPH MS
Karen Vargo
Kate Krueck, MD, FAAP & Family
Kathleen Grady, MD, FAAP
Kimberley Sikora, MD, FAAP
Kristen Fluitt, MS
Kriste Kotten
LaSonya Jones, MD
Lee Ann Conard, RPh, DO, MPH
Leonard Janchar, MD
Lisa Carter
Lory Sheeran Winland, MPA
Maria Nanagas, MD, FAAP
Mary Beth DeWitt
Mary Eagan Kelleher
Melissa Wervey Arnold & Family
Mike Chamberlin, MD, FAAP
Mercy Brew, MD
Nicole Baldwin, MD, FAAP
Olivia Simon
Olivia Thomas, MD
Parevi Majmudar, DO, FAAP
Patricia T. Gabbe, MD MPH
Ranjana Sinha, MD, MHA
Rebecca Brady, MD, FAAP
Reeme Gulati, MD
Richard H Tuck, MD, FAAP
Roohi Kharofa, MD, FAAP
Rosemary Robbins, MD
Samir Shah, MD, MSCE, FAAP
Sarah Denny, MD, FAAP & Family
Scott Pangonis, MD, MS, FAAP
Sean Gallagher, MD
Stacy Hoying
United Schools Network
William & Jennifer Hardie, MD, FAAP

SAVE THE DATE!

Spring Education Meeting 2022

May 6, 2022

Ohio University Inn & Conference Center, Athens, Ohio

Additional information coming soon!

Register today at http://ohioaap.org/springmeeting/

Ohio AAP Program Partners

Ohio AAP Acknowledges the following partners in support for Ohio Pediatric Programs

Maximizing Office Based Immunizations/Teen Immunization Education Sessions
$400,000 *(ODH)*

Parenting at Mealtime and Playtime Education Program
$174,350 *(ODH)*

Preschool Vision Screening QI Program
$177,000 *(Prevent Blindness Ohio Affiliate)*

Lead Screening QI Program
$400,000 *(ODH)*

Population Health Pilot QI Program
$175,000 *(United Healthcare Community Plan of Ohio)*

Store it Safe Firearm Safety Pilot Project
$75,000 *(Ohio Division of Emergency Services)*

Ohio Parents Advocating for Vaccines
$20,000 (*Unrestricted Education Grant)*

Atopic Dermatitis QI Program and Regional Trainings
$350,000 (*Nationally-Funded Quality Improvement Grant)*

Practice Transformation Program: Improving Nexplanon Provision in Adolescents
$296,000 *(Nationally-Funded Quality Improvement Grant)*

HPV QI Program
$150,000 *(Unrestricted Education Grants)*

Interventions to Minimize Pre-term and Low Birth Weight through Continuous Improvement Techniques (IMPLICIT) QI Program
$1.2 Million

Polyarticular Juvenile Idiopathic Arthritis (pJIA) – Building a System of Care to Improve Patient Compliance and Provider Connections in the Medical Home
$200,000 (Unrestricted Education Grant)

Kiwanis Infant Mortality After COVID: Saving Lives Through Podcasts
$7,000

Maternal Child Health Education & QI Program
$314,000

Atopic Dermatitis: Understanding Health Disparities in Underserved Minorities QI Program
$246,000 (Unrestricted Grant)

Smoke Free Families QI Program
$400,000

Scaphoid Fracture

Brandon W. Barsky, MD, *Nationwide Children's Hospital*

The scaphoid is one of the eight carpal bones in the wrist and is the most common carpal bone that is fractured after trauma/fall (60% of carpal injuries and 15% of all acute wrist injuries). It may not seem like an important site to worry about a fracture, but special measures should be taken if a scaphoid fracture is suspected.

Why is the Scaphoid so Special?

The scaphoid has a unique mechanism of perfusion. Most structures in the body are perfused via anterograde blood flow, but 80% of the scaphoid's blood flow comes retrograde from the dorsal carpal branch of the radial artery. The distal 20-30% of the scaphoid receives excellent collateral blood flow from the dorsal and volar branches of the anterior interosseous artery. Meaning when this area is injured (particularly the proximal pole), it takes longer to heal than the other carpal bones and surrounding radius and ulna and there is a much greater chance of nonunion fractures.

Mechanism of Injury

The scaphoid is most commonly injured after a fall onto an outstretched hand (FOOSH) during which the wrist is dorsiflexed and pronated. It is most common in contact sports and affects males twice as often as females.

Diagnosis and Classification

Patients will usually present after a fall with pain, swelling, and decreased range of motion. Snuffbox tenderness is usually present, as is tubercle tenderness volarly, and pain with scaphoid compression (positive when pain is produced with axial load applied through thumb metacarpal). If all three are positive, sensitivity is 87-100%. Radiographs should be obtained with a dedicated scaphoid view. Acute fractures can often be seen on plain film but may be missed if they are small. CT or MRI might be required if pain persists and x-rays are negative.

Treatment

Any patient who is suspected of having a scaphoid fracture should be immobilized, even if radiographs are negative. Patients should be fitted for a cast and those with negative plain films can have x-rays repeated in 10-21 days to assess for any callous formation. If repeat radiographs are negative, but tenderness persists, CT or MRI (gold standard) are required to rule out true fracture. Most distal pole and non-displaced waist fractures can be treated conservatively with cast immobilization. Immobilization is generally required for a minimum of 6-8 weeks (or longer if delayed radiographic evidence of fracture healing). For displaced or unstable fractures, screw fixation is required. More complex or comminuted fractures will require open reduction internal fixation (ORIF). Because of the inherent instability and tenuous blood supply of the proximal pole, fractures in this location generally require surgery. Conservative treatment can be considered in some cases, but with a minimum of 8-10 weeks of cast immobilization.

Complications

Because of the unique blood supply of the scaphoid, scaphoid nonunion and osteonecrosis are feared complications. Nonunion of fractures has an incidence of 5-10% following immobilization and is most common in fractures displaced more than 1mm. Osteonecrosis occurs in 13-50% of all scaphoid fractures. Fractures that are not properly identified and treated can result in arthritis and chronic wrist pain later in life.

Return to Play

Return to play is often sport specific and based on clinical and radiographic evidence. Athletes who can compete in a cast (soccer, football) may, in some cases, be permitted to play in their cast. However, the risks of potentially worsening the fracture should be discussed with the patient and family. Athletes who require wrist motion for their sport must demonstrate radiographic evidence of healing (fracture union) before the cast can be removed and then demonstrate clinical recovery (pain free to palpation, full range of motion, and adequate strength) before returning to play.

Scaphoid Fracture

Brandon W. Barsky, MD, *Nationwide Children's Hospital*

The scaphoid is one of the eight small bones in the wrist and is the most common bone that is broken after trauma/fall (60% of wrist bone injuries and 15% of all acute wrist injuries). It may not seem like an important site to worry about a break, but special measures should be taken if a scaphoid fracture is suspected.

Why is the Scaphoid so Special?

The scaphoid is unique in the way it receives blood flow. Most structures in the body are perfused when blood flows directly towards it, but 80% of the scaphoid's blood flow comes from blood passing the bone and then flowing backwards. The rest of the scaphoid receives blood from other blood vessels in the more traditional way. When the portion of the bone that has the backwards blood flow is injured, it takes longer to heal than the other carpal bones and the surrounding large bones of the wrist (the radius and ulna) and there is a much greater chance of the fracture not fusing/healing together.

Mechanism of Injury

The scaphoid is most commonly injured after a fall onto an outstretched hand (FOOSH) during which the wrist is flexed towards the body and the hand is facing the ground. It is most common in contact sports and affects males twice as often as females.

Diagnosis and Classification

Patients will usually present after a fall with pain, swelling, and decreased range of motion. Snuffbox (the triangular space created near the base of the thumb when the thumb is extended back towards the wrist) and tubercle (area near the bottom of the thumb on the palm side) tenderness is usually present. There are tests your child's doctor can do to further assess for injury to this area. The chance of fracture is very high if your child has pain in both areas and the special tests are positive. X-rays should be obtained with a specific view to look at the scaphoid. Acute fractures can often be seen on x-ray, but may be missed if they are small. CT or MRI might be required if pain persists and x-rays are negative.

Treatment

Any patient who is suspected of having a scaphoid fracture should be immobilized with a cast or a splint, even if x-rays do not show a fracture. Patients with negative x-rays can have them repeated in 10-21 days to assess for any new bone (callous) formation. If repeat x-rays are negative, but tenderness persists, CT or MRI are required to rule out true fracture. Most fractures in the area with the traditional blood flow can be treated conservatively with cast immobilization for a minimum of 6-8 weeks. In some cases, the pieces of bone may be far away from each other or in many fragments and this will require a surgery. The area with the backwards blood supply creates additional problems and fractures at this location are more likely to require surgery as the initial treatment. Conservative treatment with a cast can be considered in some cases, but a minimum of 8-10 weeks of treatment is required and your child may still need to have surgery if the area does not heal well.

Complications

Because of the unique blood supply of the scaphoid, scaphoid nonunion fractures and osteonecrosis (breakdown of the bone from not enough blood flow) are feared complications. Even if the fracture is small, the bone will not heal properly 5-10% of the time with casting, and your child will need surgery to insure proper healing. Osteonecrosis occurs in 13-50% of all scaphoid fractures. Fractures that are not properly identified and treated can result in arthritis and chronic wrist pain later in life.

Return to Play

In some cases athletes may be permitted to compete in a cast, but this is generally not advised and the risks of potentially worsening the fracture should be discussed with the patient and family. Athletes who require wrist motion for their sport must wait until the cast is removed, and then have full range of motion and strength in their wrist before returning to sports.

New Store it Safe Resources to Help De-Escalate in a Mental Health Crisis

We know each of you as pediatricians, teachers, parents, administrators, public health professionals and community organization representatives have experienced firsthand the effects of the pandemic on the mental health of children and adolescents. The past 18+ months has taken a serious toll, as young people continue to face physical isolation, ongoing uncertainty, fear, and grief. Even before the pandemic, mental health challenges facing children and adolescents were of great concern, with COVID-19 only exacerbating the issue.

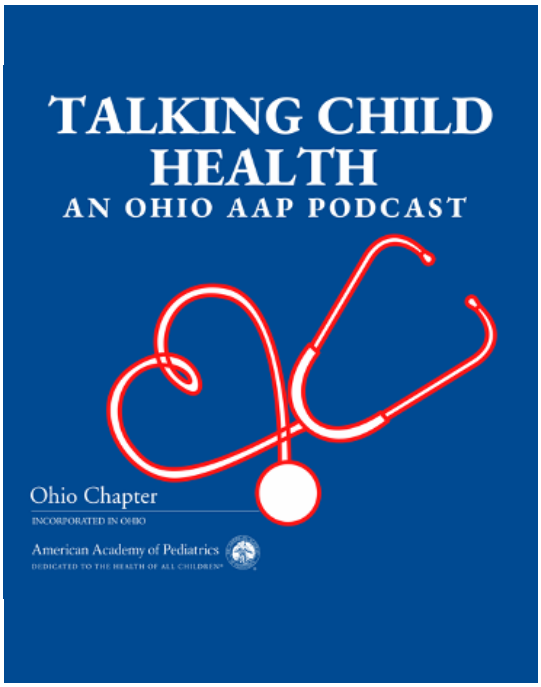
During October's Ohio AAP Annual Meeting keynote, *Stories from a Year Lost: Picking up the Pieces of the COVID-19 Pandemic,* we aimed to raise awareness on this important issue. Ohio AAP assembled a multi-disciplinary panel of medical and lived experience experts to discuss how we get our children back to a healthier mental state after the pandemic. We would like to thank our mental health advocates for sharing their brave personal accounts and our clinical experts for lending their expertise to make for an impactful and informative education session!

During the keynote address we also launched our new Store It Safe (SIS) Teen Suicide Prevention digital and print resources! The new SIS materials will help children, families, and teens be better prepared to cope in difficult situations and de-escalate a mental health crisis. Plus, thanks to the generosity of so many we were able to raise over $5,500 at Annual Meeting! The funds raised will help with further spread of the Store It Safe Teen Suicide Prevention program so we can help Ohio's children and teens get back to a healthier mental state.

To access our new SIS materials (see below) and more, visit http://ohioaap.org/storeitsafe.

Scan me
for more SIS resources and information!

Ohio AAP Podcasts are easier than ever to listen to!



Did you know The Ohio AAP's podcast library is now available on the streaming apps you use most! By searching "Ohio AAP" you can now listen to our podcasts on Apple Podcasts, Spotify, Google, or Amazon Music!

Subscribe today so you'll be the first to know about our newest upcoming episodes!

Check out our Podcast Library!

You can also listen to past episodes at your convenience! Below are the topics we've covered to date:

- COVID-19 Vaccines in Minorities
- Boosting Immunization Rates in Pediatric Care
- Project Firstline Infection Control Series
  - Reducing Transmission in Clinics
  - Reducing Transmission in Schools
  - Ventilation, Air Quality, and Masking
- And more!

NOW STREAMING!

Infant Mortality After COVID-19

PODCAST SERIES

With support from the Kiwanis Club of Columbus, the Ohio AAP is proud to announce the upcoming launch of our new podcast series, Infant Mortality After COVID-19: Saving Lives Through Family Health. This new limited podcast series will center around addressing infant mortality through health disparities and engaging minoritized communities. While Ohio has seen decreases in infant mortality over the past 5 years, the state rate remains above the Healthy People 2020 goal of 6.0 deaths per 1,000 live births. Of even more concern is the widening racial disparity in infant mortality for Ohio; in 2019 the white infant mortality rate (IMR) rate decreased to 5.1 (from 5.4) while the black IMR rose to 14.3 (from 13.9). This frightening fact means that black infants are almost three times more likely to die before their first birthday than white babies.

Hosted by Dr. Jordee Wells, who is joined by a panel of experts including Dr. Arthur James, Dr. Kierra Barnett, and Dr. Valencia Walker - this 3-part series aims to address infant mortality by examining current data trends, analyzing the historical impact, and discussing solutions, advocacy, and structural changes in a round table format discussion.

ADVERTISEMENT

PROUDLY SUPPORTING the work of Ohio's pediatricians in saving, protecting and enhancing the lives of children.

Ohio Children's Hospital Association

Saving, protecting and enhancing children's lives

Akron Children's Hospital

Cincinnati Children's
changing the outcome together

dayton children's

Nationwide Children's

ProMedica
Russell J. Ebeid Children's Hospital
Formerly ProMedica Toledo Children's Hospital

University Hospitals
Rainbow Babies & Children's

ohiochildrenshospitals.org • 614-228-2844

Building Future Success Stories – Ohio AAP QI Projects Enrolling for 2022

Ohio pediatricians will have opportunities to earn cash stipends, patient items and MOC credit in a variety of projects launching in early 2022. The table below provides details on four Ohio AAP initiatives currently accepting practices as possible participants.

Each Ohio AAP quality improvement project focuses on different areas of child health and patient populations; however, participants in all projects receive some of the same benefits, including:

- No travel required! The Ohio AAP team comes to you on your schedule, in person or via webinar.
- Topic specific education from a team of experts for each content area, available to answer your questions.
- A dedicated QI Team, supporting data collection and analysis, and working with your practice to create sustainable and meaningful changes.
- MOC Part IV Credit from the American Board of Pediatrics, beginning at 25 points per project.
- Education on billable services for each project – maximize your bottom line while improving patient care!

In addition to benefits for practices, patients can see immediate and long-term health improvements as a result of provider engagement in QI efforts. For example, in the Smoke Free Families Learning Collaborative, infant smoke exposure was reduced by more than 40% and half of families improved their sleep environment. These simple actions can be encouraged by provider discussion, and reduced the chances of SIDS, infant mortality, and future illness for impacted infants. The Ohio AAP invites members to review the opportunities and determine how your practice can be part of the next success story!

For more information on any of these projects, contact Ohio AAP Program Manager Hayley Southworth at hsouthworth@ohioaap.org or (614) 846-6258.

Project	Focus Area	Focus Population	Participant Benefits	Participation Timeframe
Healthy MOM Healthy FAMILY	Improving Discussion of Interconception Care in Pediatric Well Visits	Birth – 18 Months	• $1,000+ in stipends to support your project implementation • $2,000+ worth of multivitamins and books • 50 Points MOC Part IV credit	January 2022 – January 2023
SMOKE FREE FOR ME	Reducing Smoke Exposure to Prevent Infant Health Problems	Birth – 12 Months	• $3,000 in stipends to support your project implementation • Sleep sacks and board books for your patients • 25 Points MOC Part IV credit	March 2022 – September 2022
[S.I.S.] Store It Safely	Increasing Screening and Discussion for Suicidality and Depression in Teens	Age 12 and older	• Safe Storage Lock Boxes - Up to 100 boxes, a $2,000 value • 25 Points MOC Part IV Credit	January 2022 – June 2022
HPV Immunization QI Project	Increasing Rates of HPV Immunization by Improving Conversations with Families	Age 9 and older	• $1,500 to support office staff time • 25 Points of MOC Part IV Credit	February/March 2022 – August 2022

ADVERTISEMENT

Covered with
KINDNESS

CareSource®

Ohio Chapter

INCORPORATED IN OHIO

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

Ohio Chapter,
American Academy of Pediatrics
94 Northwoods Blvd. Ste. A
Columbus, Ohio 43235-4721

Upcoming Events and Education

JANUARY 19, 2022

Juvenile idiopathic arthritis Treatment Options in Primary Care • *Webinar*

JANUARY 21, 2022

How to Implement Lead Screening, Resources and Education During Home Visits • *Webinar*

FEBRUARY 23, 2022

Juvenile idiopathic arthritis Expert Panel: Pediatric Pain Syndrome • *Webinar*

MAY 6, 2022

Ohio AAP Spring Education Meeting
Ohio University Inn & Conference Center, Athens, OH

MAY 13, 2022

Ohio AAP Foundation Goofy Golf Outing
Royal American Links, Galena, OH

Ohio Chapter

Follow us on Social Media:

OHPediatricians
AAPOhio
OhioAAP
OhioAAP

www.OhioAAP.org