

Ohio Chapter

INCORPORATED IN OHIO

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

#FluShotSelfie



I got my shot for:



#SafePedsHealthyKids #FluShotSelfie #FightFlu

Did you know?

We've compiled some great #FluFacts to raise awareness about the impact of the flu and the importance of the flu vaccine. Please share these on your social media channels with the hashtags: **#FightFlu #SafePedsHealthyKids**



Can the flu shot give you the flu? Injected flu vaccines only contain the dead virus, and a dead virus is... dead.

It cannot infect you.

It's even more

important

to get your flu shot during the COVID pandemic. If more people get their flu shot, it could **eliminate additional strain** on our health care resources.

When is someone contagious with the flu?

24 hours

before symptoms develop and until they're **fever-free for 24 hours** without the use of medication.

You may survive the flu, but what about the people you spread it to? Protect yourself and others by getting a

flu vaccine every season.

In the U.S., the annual economic burden of flu is

\$83.3 billion.

You could buy **all 30** MLB and NBA teams!

On average in the U.S., more than

38 million

days of school and 5 million sporting events are missed each year due to the flu.

Every year **healthy teens** are hospitalized and

die from the flu.

Don't let your teen become a statistic. Get them a flu vaccine every season.

Don't gamble with your child's health. **Flu vaccination reduces death in children by**

65%,

so get your child a flu vaccine each season.

15+ million

adults in the U.S. have heart disease. They have a **10x increased risk** of heart attack within 3 days of flu infection.