

EBLL: LETTER FROM PRACTICE



Dear _____

Your child's lead level is ____ µg/dL. Please come back in _____ to have his/her level rechecked.

_____ We prescribed a multivitamin with iron today.

_____ We did not prescribe a multivitamin with iron today because _____

Lead can affect your child's development, behavior and learning. You can do several things to help keep your child healthy and protect your child from future lead poisoning. A list of resources is attached to this letter.

Your child should...

- Take a multivitamin with iron
- Eat 2-3 servings of food with calcium each day, including dairy, leafy greens, or cereal with extra calcium
- Attend high quality day care or preschool

Parents and caregivers should...

- Reduce lead exposure from peeling paint and soil (shoes off indoors, wet mop, vacuum with HEPA filter)
- Run the tap water on cold for 1-2 minutes before drinking, cooking or mixing formula
- Enroll in Help Me Grow to evaluate your child's development and provide help with your concerns. Children under 3 years old with lead levels of 5µg/dL or higher are automatically eligible for Help Me Grow services.
- Watch for signs of delay in elementary school and if you see them, request an evaluation for special education services in writing to the school district
- Read, talk, and sing with your child

Tenants should...

- Know your right to safe living conditions
- Always pay rent no matter what conditions are in the unit
- Give your landlord a written letter about lead hazards, such as peeling paint
- Contact your local department of health about investigating the source of lead
- Consult with an attorney about any possible personal injury claims against your landlord

Homeowners should...

- Contact your local department of health about investigating the source of lead
- Learn about lead safe renovation practices before doing work in the home

Please let your doctor know if you have questions or concerns. We know that it can be challenging to secure safe and affordable housing. We hope that these resources will help support the work you are doing to keep your child and family healthy. We are here to help and partner with you.

Programs and Providers	Contact Information
Help Me Grow (Early Intervention Evaluation and Services)	1-800-755-4769
Local Daycares and Preschools*	
Ohio Department of Health	1- 877-532-3723
Referrals to Private Attorneys*	
Legal Aid	Ohiolegalhelp.org
Financial Assistance	
For Rent or Moving Money*	
County Job and Family Services, Retention and Contingency (PRC)*	
For Cleaning Up or Fixing Lead Hazards*	
Ohio Department of Health	1-877-532-3723
Information on Lead and Poisoning	
Epa.gov/lead	1-800-424-9346
Cdc.gov/lead	1-800-232-4636

* please enter local phone numbers