Novel Coronavirus (COVID-19)

Human Coronaviruses are a family of viruses that commonly cause mild to moderate illness like the common cold. Almost everyone gets infected with one of these viruses at some point in their lives, and most of the time the illness lasts for a short amount of time. A new human coronavirus, called the 2019 Novel Coronavirus (2019-nCoV), was discovered in Wuhan City, China, in December 2019. While we know it’s contagious, it is still not known how easily it spreads from person to person. COVID-19 likely has a wide spectrum of disease, with many experiencing mild symptoms and only the more severe seeking medical attention.

SYMPTOMS:
- Sore throat
- Cough
- Fever
- Headache
- Runny nose
- Difficulty breathing

TRANSMISSION:
- Personal contact
- Contaminated objects

PROTECTIVE MEASURES:
- Wash hands frequently, for at least 20 seconds in soap and water.
- Utilize a greater than 60% alcohol-based hand sanitizer.
- Avoid touching eyes, nose and mouth with unwashed hands.
- Cover coughs and sneezes with tissues that are immediately thrown away.
- Clean and disinfect household objects and surfaces in your home.
- Use of facemasks is not recommended for the general public.
- Stay home when sick and keep your immune system strong by eating healthy foods, drinking plenty of water and getting enough rest.

COMPARE

**Coronavirus**
- 453,074 cases in 197 countries worldwide, 61,062 cases in US
- 20,519 deaths worldwide, 838 deaths in the US

**Flu**
- 38 million estimated flu illnesses just in the US this flu season
- 23,000 deaths in the US this season and 390,000 have been hospitalized*

As information about COVID-19 is evolving rapidly, you can get up to date information from the Centers for Disease Control and Prevention (www.CDC.gov) or the World Health Organization (https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/).

*As of March 27, 2020. These numbers, provided by the World Health Organization and the Centers for Disease Control & Prevention, are estimates and change daily.