Join us for our Parenting at Mealtime and Playtime: **Informational Breastfeeding Training**
to learn about the benefits of breastfeeding for mom and the baby.

**State Library**  
274 E 1st Avenue #100  
Columbus, OH 43201  
Wednesday, April 1, 2020  
9am-12pm  
Registration @ 8:30am

**Help Me Grow Office Room 292**  
1133 S Edwin C Moses Blvd.  
Dayton, OH 45417  
Monday, April 13, 2020  
9am-12pm  
Registration @ 8:30am

The Ohio Chapter, American Academy of Pediatrics and Ohio Department of Health invite you to a Parenting at Mealtime and Playtime (PMP) training that will focus on **breastfeeding**!

You will learn tips on how to support mom and the baby. There will be a physician, as well as a WIC and ODH consultant that will be sharing specialized information.

You will learn how to use PMP resources which include a variety of family-friendly handouts such as “Breastfeeding” and a mobile app.

To register, go to OhioTRAIN at [https://oh.train.org](https://oh.train.org). If you have not used OhioTRAIN before, go to “Create Account” on the website and follow the directions. Once you are in OhioTRAIN, enter the course number 1088699 in the search box.

*For more information or questions, please contact Alex Miller, MPH at amiller@ohioaap.org or 614-846-6258*