

# Smoke Free for Me

Unless otherwise noted, please place a ✓ on 1 box per question.



Ohio Chapter

INCORPORATED IN OHIO

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™ 

1) Have you completed this form at a previous visit?

- No  
 Yes

2) Baby's date of birth (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

3) Your home zip code: \_\_\_\_\_

4) Today's date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

5) Baby's race (Please place ✓ on all boxes that apply):

- African American or Black     White     Hispanic or Latino  
 Asian     American Indian or Alaska Native     Other: \_\_\_\_\_

6) Your age:     15-20     26-30     36-40     46-50     56-60  
                   21-25     31-35     41-45     51-55     61+

7) What is your relationship to the baby? Please answer for only one person completing this form.

- Mother                             Foster Parent                     Aunt/Uncle                     Other: \_\_\_\_\_  
 Father                               Grandparent                     Brother/Sister

8) What kind of health insurance do **YOU**, the caregiver of the baby, currently have?  
(Please place ✓ on all boxes that apply)

- Medicaid/Public health insurance     Private health insurance  
 Medicare/Public health insurance     I do not have health insurance now

9) I **ALWAYS** place my baby to sleep for a nap or at nighttime, on their back, in a crib or pack-n-play, and with **NOTHING ELSE** in their sleep space.     YES     NO

10) Do **YOU** currently smoke or vape?     YES     NO

11) Do **OTHERS** who live in the home with the baby currently smoke or vape?     YES     NO

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**If you answered "No" to both questions 10 and 11,  
STOP completing this form.**

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**If you answered "Yes" to question 10 or 11,  
CONTINUE to the questions on the back of this form.**

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**12)** On a scale from 0-10, what number shows your thoughts about quitting?  I do not smoke/vape

No thought of quitting now		Should consider quitting someday		Should quit but not quite ready		Thinking about cutting down or quitting		Have cut down and seriously considering quitting		Ready to quit
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**13)** How much have you or others living in the home smoked or vaped in the past 7 days? For each product below, please fill in 00 if you or others do not smoke that product.

**Cigarettes /Cigars/ Black & Milds**

You	Others
A) Please write in the box below the number of cigarettes <b>you</b> smoked per day in the past week.	B) Please write in the box below the number of cigarettes <b>all others living in the home with the baby</b> smoked per day in the past week.
Cigarettes you smoke	Cigarettes others smoke

**E-Cigs/ Juul/ Vape Pens**

C) Please write in the box below the <b>number of pods or cartridges you</b> used in e-cigarettes, Juul or vape pens in the past week.	D) Please write in the box below the <b>number of pods or cartridges that others living in the home with the baby</b> used in e-cigarettes, Juul or vape pens in the past week.
Pods you use	Pods others use

**14)** Recently, (in the last few weeks), have you or others living in the home tried to quit or have smoked/vaped less? (Please place ✓ on all boxes that apply)

I have...	Generally, others in the house have...
<input type="checkbox"/> Never smoked/vaped	<input type="checkbox"/> Never smoked/vaped
<input type="checkbox"/> Tried smoking/vaping less around the baby	<input type="checkbox"/> Tried smoking/vaping less around the baby
<input type="checkbox"/> Tried to quit smoking/vaping	<input type="checkbox"/> Tried to quit smoking/vaping
<input type="checkbox"/> Successfully quit smoking/vaping	<input type="checkbox"/> Successfully quit smoking/vaping
<input type="checkbox"/> No changes to my smoking/vaping amount or where I smoke/vape	<input type="checkbox"/> No changes to my smoking/vaping amount or where I smoke/vape

### STOP SURVEY

## Smoke Free for Me – Healthcare Provider Data MD

		Nurse/MA to Complete	
If “No” response to Q9:		If “Yes” response to Q10:	If Q12 Indicates 2-10:
MD Should Discuss Safe Sleep? <input type="checkbox"/> Yes <input type="checkbox"/> No		MD Should Discuss Caregiver Smoking/Vaping? <input type="checkbox"/> Yes (Handouts #: 1,3) <input type="checkbox"/> No	MD Should Refer to Quitline? <input type="checkbox"/> Yes (Handouts #: 2,5,6) <input type="checkbox"/> No (Handout #: 2)
		If “Yes” response to Q11:	
		MD Should Discuss Other(s) Smoking/Vaping? <input type="checkbox"/> Yes (Handouts #: 2,6) <input type="checkbox"/> No	
		MD to Complete	
Provider Initials	Step I: ADVISE	MD Addressed Safe Sleep <input type="checkbox"/> Yes <input type="checkbox"/> No	MD Attempted to Discuss Caregiver Smoking Based on Readiness to Change <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> 123 <input type="checkbox"/> 456 <input type="checkbox"/> 789 <input type="checkbox"/> ABC <input type="checkbox"/> DEF			
	Step II: Assist	Caregiver Smoking Resources (Handouts) Offered <input type="checkbox"/> Yes, accepted handouts <input type="checkbox"/> Yes, declined handouts <input type="checkbox"/> No	
		Other(s) Living in the Home Resource Packet (Handouts #2 & 6) Offered <input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> GHI	Step III: Arrange	MD Offered Referral: <input type="checkbox"/> Yes, accepted to Quitline <input type="checkbox"/> Yes, declined Quitline	
		<input type="checkbox"/> Yes, accepted to other referral <input type="checkbox"/> Yes, declined other referral <input type="checkbox"/> No	