



Join us for our Parenting at Mealtime and Playtime:

### **Informational Breastfeeding Training**

to learn about the benefits of breastfeeding for mom and the baby.

#### **State Library**

**274 E 1<sup>st</sup> Avenue #100**

**Columbus, OH 43201**

**Wednesday, April 1, 2020**

**9am-12pm**

**Registration @ 8:30am**

#### **Help Me Grow Office Room 292**

**1133 S Edwin C Moses Blvd.**

**Dayton, OH 45417**

**Monday, April 13, 2020**

**9am-12pm**

**Registration @ 8:30am**

To register, go to OhioTRAIN at <https://oh.train.org>. If you have not used OhioTRAIN before, go to “Create Account” on the website and follow the directions. Once you are in OhioTRAIN, enter the course number 1088699 in the search box.

*For more information or questions, please contact Alex Miller, MPH  
at [amiller@ohioaap.org](mailto:amiller@ohioaap.org) or 614-846-6258*

The Ohio Chapter, American Academy of Pediatrics and Ohio Department of Health invite you to a Parenting at Mealtime and Playtime (PMP) training that will focus on **breastfeeding!**

You will learn tips on how to support mom and the baby. There will be a physician, as well as a WIC and ODH consultant that will be sharing specialized information.

You will learn how to use PMP resources which include a variety of family-friendly handouts such as “Breastfeeding” and a mobile app.