



Join us for our Parenting at Mealtime and Playtime Training to learn about healthy eating and play habits for children from birth - five years old.

**State Library of Ohio
Board Room
274 East 1st Avenue #100
Columbus, Ohio 43201
December 5, 2019
9:00 am- Noon
Registration at 8:30 am**

To register, go to OhioTRAIN at <https://oh.train.org>. If you have not used OhioTRAIN before, go to “Create Account” on the website and follow the directions. Once you are in OhioTRAIN, enter the course number 1088388 in the search box.

*For more information or questions, please contact Alex Miller, MPH
at amiller@ohioaap.org or 614-846-6258*

The Ohio Chapter, American Academy of Pediatrics and Ohio Department of Health invite you to a Parenting at Mealtime and Playtime (PMP) training!

You will learn tips for discussing healthy eating and play habits with families with young children.

You will learn how to use PMP resources which include a variety of family-friendly handouts such as “Introducing Solids” and “Breastfeeding” and a mobile app.