

American Academy
of Pediatrics

Ohio Chapter



**Injury Prevention
Initiatives**

EASE MOC II: Module 11

Jamie R. Macklin, MD, FAAP

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Improving Safe Sleep Environments for Well Newborns in the Hospital

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Background

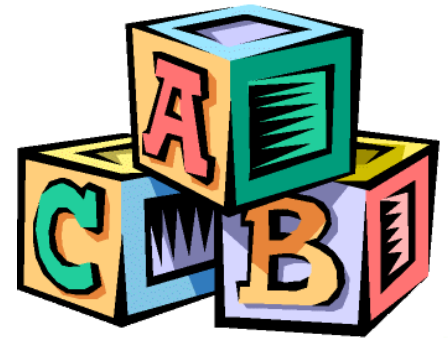
- SIDS deaths have decreased over the past two decades
- However, deaths due to accidental suffocation, asphyxiation, strangulation, etc. have increased

Background

- Healthcare providers can help by modeling safe sleep and other risk-reduction behaviors in the hospital
- Many people report that they rely on safe sleep information obtained in the hospital as their primary source of information
 - African-American parents most common

Study Design

- Quality improvement methodology
- Community hospital setting
- Baseline safe sleep compliance (Alone, on Back, in empty Crib) audited
- Parental survey on safe sleep knowledge and intended home environment administered



Data Summary

- Baseline safe sleep compliance 25%
 - Most common reason for non-compliance was extra items in the crib
- Increased to 58% compliance after several PDSA cycles
- Interventions included utilization of safe sleep videos and posters (family education) and safe sleep policy creation

Survey Results

- Only 5% of parents scored 100% on safe sleep knowledge survey
 - Only 60% knew what “ABC’s” stood for
 - Only 65% knew about importance of room-sharing
- Thus, education provided during hospital admission is important!!



- Thank you for completing this module!
- Please remember to answer all of the test questions to earn credit for this month!

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ABCs OF SAFE SLEEP

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