Christopher Liebig, MD
Dr. Liebig is the director of Sports Medicine at Akron Children’s Hospital Mahoning Valley office. He attended medical school at West Virginia University School of Medicine in Morgantown, WV. He completed his residency at Children’s Hospital of Richmond at VCU (Virginia Commonwealth University) in Richmond, VA. Dr. Liebig went on to accept a fellowship at Akron Children’s Hospital’s Sports Medicine Center in Akron, OH and is now practicing at its Boardman, OH office.

Garrett Bullock, PT, DPT
Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.

Keynote Speakers

Course Information

Target Audience
This conference is designed for those who work with youth participating in sports, including: physicians, physical therapists, occupational therapists, personal trainers, certified athletic trainers, and certified strength and conditioning specialists.

Refreshments
Breakfast, lunch and refreshments are included with the sessions. If you have special dietary needs, contact Amy Chand at 330-543-2126 or achand@akronchildrens.org.

Accreditation Statement
Children’s Hospital Medical Center of Akron is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

The Children’s Hospital Medical Center of Akron designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Children's Hospital Medical Center of Akron is recognized by the Board of Certification, Inc., to offer continuing education for Certified Athletic Trainers. This program has been approved for 7.25 CEU hours and is pending 5.5 hours of Evidence Based Practice continuing education.

This course has also been approved for 7.25 CEU hours from the Ohio Physical Therapy Association.

Directions and Parking
The Hilton Akron/Fairlawn is located directly across the street from Summit Mall. Parking is free and available on-site. For driving directions, please visit www.akronhilton.com/map.html.

Planning Committee
Joseph Congeni, MD, FAAP
Derrick Eddy, MD
Stephen Lutz, AT, ATC
Cortney Myer, PT, DPT, SCS, CIDN
Katrina Wolford
Amy Chand, EP

Disclosure Statement
As a provider of the Ohio State Medical Association, it is the policy to require the disclosure of the existence of any financial interest planning committee members and/or presenters have with any commercial support of this activity. None of the planning committee members have a financial conflict to disclose or resolve. The following presenters have the following conflict to disclose:

Garrett Bullock, PT, DPT
Consultant: Functional Systems

Kenyon Jones, MD
Grile, NIH

Drew Engles, MD
Stock Shareholder: Wright Medical Group

Sports Medicine Update: Building Young Athletes – Safe and Healthy XII

Garrett Bullock, PT, DPT
Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.

Garrett Bullock
Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.

Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.

Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.

Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.

Garrett Bullock was a 4-year baseball letter winner at Wake Forest University, where he was captain in 2009. Bullock went on to play in the Houston Astros Organization, playing professional baseball for 5 seasons. Upon retirement, Bullock studied at Duke University, where he was class president and received his doctorate of physical therapy in 2017. Bullock has authored numerous scientific publications and has presented his work at various national conferences. His clinical and research focus is on athletic development and overhead athlete injuries.
Both physical therapists and athletic trainers will benefit from current evidence-based presentations addressing current evaluative and physical therapy interventions, clinical management, research, evidenced-based practices and professional responsibilities. Licensed medical professionals will cover the following topics:

1. Identify the epidemiology of upper extremity injuries and the physiological differences making children susceptible to certain injuries while playing sports and the treatments for these injuries.
2. Identify signs and symptoms of pitching injuries. How to treat these risk factors beyond the “classic” interventions.
3. Understand the indications and technical considerations for elbow surgery in the throwing athlete.
4. Explain various counseling and sport psych philosophies and techniques, and the treatments for these injuries.
5. Define the benefits of therapeutic massage for prevention and recovery from sports injuries and how it can be incorporated into the sports medicine setting.
6. Explain proposed mechanisms and physiology of dry needling and cupping for the management of pain, and identify safety considerations and guidelines.
7. Identify injuries that are most common in young throwers and how to manage with physical therapy while awaiting return to throwing program.
8. Define common shoulder injury patterns in pediatric athletes and develop an understanding of the recommended treatment algorithms.
9. Identify specific exercises and research that will enhance the way therapists treat shoulder and elbow injuries.
10. Explain latest techniques to combat ASD in young athletes. Why first time shoulder dislocations should be fixed, and determining if or not to fix the top label tear in the young.
11. Identify deficits in return to throw studies and how to apply practical applications and assessment to return to play, return to throwing case studies: practical applications & guidelines.

The University of Akron Sports Medicine Center at Akron Children’s Hospital offers several registration and payment options. New千年 online and regular will pay electronically, or you may register online and pay by check. Checks should be made payable to Akron Children’s Hospital. Attention Amy Chand at 330.543.2126. Please visit www.akronchildrens.org/cme to locate and review the CME Cancellation/Refund Policy. Registration deadline is February 23, 2018. For more information or special accommodations, please contact Amy Chand at 330.543.2126 or achand@akronchildrens.org.