“But my teen just needs a physical for sports, not a well care visit…” THINK AGAIN!

Your teen still needs a comprehensive well care visit each year to assess their overall health and well-being. You might think a sports physical is enough, but check out the difference:

**Well Care Visit**
- Personal & family history
- Immunizations
- Head-to-toe examination and review of health including bloodwork, heart evaluation, blood pressure, physical development and skin evaluation
- Evaluation for risk factors for substance abuse, mental health, reproductive health, long-term health
- Confidential discussion of new issues with your trusted physician and concerns
- Screenings and guidance for vision, hearing, sexually transmitted infections, pregnancy, alcohol or drug use, emotional well-being, body image, education & driving
- $0, No Co-Pay for 15 minutes

**Sports Clearance**
- Personal & family history
- Evaluation for risk factors for sports
- Surface physical exam
- Co-Pay Charged

Everyone ages 11-18 needs an annual well care appointment.

Schedule a well care visit for your teen today!

Transforming Adolescent Care Learning Collaborative

Healthy Teens = Healthy Adults

American Academy of Pediatrics

Ohio Chapter