



# Food Emergency



**WIC:** WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children.

WIC helps income eligible pregnant and breastfeeding women, women who recently had a baby, infants, and children up to five years of age who are at health risk due to inadequate nutrition.

WIC provides nutrition education, breastfeeding education and support; supplemental, highly nutritious foods such as cereal, eggs, milk, whole grain foods, fruits and vegetables, and iron-fortified infant formula; and referral to prenatal and pediatric health care and other maternal and child health and human service programs.

**Contact:** 1-800-755-GROW (4769) or <https://www.odh.ohio.gov/en/odhprograms/ns/wicn/wic1.aspx>

**SNAP:** The Ohio Food Assistance Program (federally known as Supplemental Nutrition Assistance Program, SNAP).

SNAP assists low-income individual purchase food to keep them healthier and reach nutritional levels. A household may consist of an individual or a group of individuals who live together and usually purchase, prepare, and eat their food together.

**Contact:** <http://jfs.ohio.gov/ofam/foodstamps.stm>

## Summer Feeding:

Children ages 1 through 18 are eligible to receive free meals during the summer months at participating program sites. Individuals ages 19 through 21 who have been identified as having mental or physical disabilities and are following Individualized Education Programs (IEPs) through their current enrollment in educational programs also are eligible for free summer meals.

**Contact:** 1-866-3-HUNGRY (1-866-348-6479) or <http://education.ohio.gov/Topics/Other-Resources/Food-and-Nutrition/2016-Summer-Food-Service-Program>

## School Meals:

Any student of high school grade or under who is enrolled in an eligible school, or a student under age 21 who resides in an any public or nonprofit, private licensed Residential Child Care Institution may participate.

Additional benefits may be available to a student when his or her parent or guardian submits a free and reduced-price school meals application. Based on the household size and income, the student may be eligible for meals free or at a reduced price.

**Contact:** <http://education.ohio.gov/Topics/Other-Resources/Food-and-Nutrition/National-School-Lunch-and-Breakfast>

## Ohio Chapter, American Academy of Pediatrics Local Resources:

Use this database to find a local food bank or food pantry in your area. You can access a map to see the best location.

Contact: <http://ohioaap.org/EmergencyFoodInfo>

## Good4Growth.org