

Dylan's Story

Dylan was going down the bike path in Pickerington at normal speed with his sister Hannah close behind, when he looked back to talk to his dad and suddenly lost control of the handlebars of his bike. The bike wheel went left and he went straight and flipped over the handlebars landing head first on the concrete. His head hit so hard that it literally bounced off of the pavement and cracked the helmet just over Dylan's left temple.

Though Dylan suffered a broken arm out of his accident, the doctor in the emergency room thanked me for enforcing the helmet rule because sadly he stated that he has seen much worse come into his ER for those that did not enforce the same rule for bike safety. As hard as Dylan hit and the location at where he hit his head, the situation could have become much worse and may have ended up in **severe head or brain damage** as a result.

The \$20 bike helmet most likely saved his life. That \$20 helmet is what separated Dylan from being able to get up and walk away from such an accident and possibly not getting up at all.

Each time Dylan gets on his bike, skateboard or scooter, I make sure he and my daughter are wearing their helmets. That day in the ER in 2012 scared both of them enough that they never argue. I hope other parents realize how important spending \$10-\$20 on a helmet really is.

